



8601 Wolftrap Road, Vienna, VA 22182-5026
Phone: 703.938.2828 Fax: 703.938.2829
www.olgcva.org ~ www.olgcschool.org

Administered by the Oblates of St. Francis de Sales

Mass Schedule

Mon-Sat - 8:30am, holidays are at 9am Saturday Vigil 4pm Sunday 8:00am, 10:00am, 12pm (en español), 5:00pm Office Hours Mon - Fri 9am - 4:30pm, closed 12-12:30pm for lunch Confessions Saturdays 9-9:30am or by appt
Join the Parish www.olgcva.org/register
Schedule an Event
www.olgcva.org/about-us/facilities
Add Item to Bulletin/Media
www.olgcva.org/about-us/communications
Mass Intention Request

Chapel open for prayer Mon - Fri 9am - 5pm <u>www.olgcva.org/liturgy-worship/devotions/mass</u> Pastor Rev. Matthew Hillyard, OSFS......frhillyard@olgcva.org Parochial Vicar Rev. Mathias Kumar, OSFS.....mkumar@olgcva.org Retired Rev. William Metzger, OSFS......william.metzger@olgcva.org **Deacon** Christopher Moore......cgmoore@olgcva.org School Principal Adrianne Jewett 703.938.3600.....ajewett@olgcschool.org Liturgy/Music/Ministry of Care/Funerals Gerard Hall 703.896.7411....liturgy@olgcva.org Faith Formation Amy W. de Bernardo 703.896.7414......dre@olgcva.org Children's Faith Formation Amy MacKinnon 703.896.7426.....amackinnon@olgcva.org Youth Ministry Derek Rogers 703.896.7409......youth@olgcva.org Communications/Bulletin Irene Zaso 703.896.7412.....communications@olgcva.org Director of Finance Brian Patterson 703.896.7402.....bpatterson@olgcva.org Records/Child Protection Liaison Christine Moan 703.896.7413......cmoan@olgcva.org Advancement/Annual Giving Alison McKee & JoAnne Kinyon...development@olgcva.org Events Manager Cheryl Jones 703.896.7418.....cjones@olgcva.org Reception/Mass Intentions Maria Romero 703.896.7419.....welcome@olgcva.org Información en español Maria Romero 703.896.7419.....welcome@olgcva.org Pastoral Council (Tina Wickham).......PastoralCouncil@olgcva.org Finance Council (Regina Stranix)......FinanceCouncil@olgcva.org Society of St. Vincent DePaul (Linea de Ayuda) 703.938.3210.....svdp@olgcva.org Respect Life /Gabriel Project Betsy Argauer 703.255.3744.....betstim@gmail.com Knight of Columbus Santa Maria Council #4654.....www.knightsvienna.org Counseling Catholic Charities Consejería Caridades Catolica......703.425.0109 Moving Forward Together in the Service of God - Avanzando Juntos en el Servicio de Dios

Welcome to Our Lady of Good Counsel

We, as members of Our Lady of Good Counsel Parish, strive to witness to the Good News of Jesus Christ by proclaiming our faith, educating ourselves and our children, sharing our persons, resources and gifts in the care and service of one another. We are called to foster an environment of hospitality in accordance with the Spirituality of St. Francis de Sales.

Mass Intentions/Intenciones de la Misa

Sat. & Sun. February 19 & 20, 2022—Presider Fr Kumar, Fr Extejt, Fr Kumar, TBD, Fr Kumar

- + Katherine Boyle Connors
- + Raul Calvimontes & Rose Mary Flores
- + Stephanie Garcia
- + Luis Lozada
- + Nicolas Vasquez Hernandez

Monday, February 21, 2022—Presider Fr Metzger

8:30am + Gary L. Humfelt

Tuesday, February 22, 2022—Presider Fr Kumar

8:30am Ingrid Urbancic

Wednesday, February 23, 2022—Presider Fr Hillyard

8:30am The OLGC Community

Thursday, February 24, 2022—Presider Fr Hillyard

8:30am + Stuart Vogt

Friday, February 25, 2022—Presider Fr Kumar

8:30am + John Murphy

Saturday, February 26, 2022—Presider Fr Hillyard

8:30am + Victor & Paula Andres

Sat. & Sun. February 26 & 27, 2022—Presiders Fr Hillyard, Fr Hillyard, Fr Hillyard, Fr Hillyard

- + Julie Winkler
- + Nieves Lozada
- + Berrios Berrios Family
- + Ignacio Flores Apaza
- + Daniel Kraft

Please keep those listed in the prayer intention book and the recently deceased in your prayers including Valerie Ellis, David Wampler, and Stuart Vogt.

OLGC Funerals: www.olgcva.org/liturgy-worship/funerals. Weekly Prayer of Faithful: www.olgcva.org/liturgy-worship. worship.

Devotional Candles: www.olgcva.org/liturgy-worship/.

Church- In Celebration of Devin Jones

Chapel - In Loving Memory of Noah Clemente Crespo
Our Lady - In Loving Memory of Nicolas Vasquez Hernandez

Wedding Banns

None at this time

Readings for the Week/Lecturas de la Semana

Readings for the Week of February 21, 2022

Sunday Seventh Sunday in Ordinary Time

1 Sm 26:2, 7-9, 12-13, 22-23/ Ps 103:1-2, 3-4, 8, 10, 12-13/ 1 Cor 15:45-49/ Lk 6:27-38 Jas 3:13-18/ Ps 19:8, 9, 10, 15/ Mk 9:14-29

Monday Jas 3:13-18/ Ps 19:8, 9, 10, 15/ Mk 9:14-29
Tuesday Feast of the Chair of Saint Peter, Apostle
1 Pt 5:1-4/ Ps 23:1-3a, 4, 5, 6/ Mt 16:13-19

Wednesday Memorial of Saint Polycarp, Bishop &

Martyr

Jas 4:13-17/ Ps 49:2-3, 6-7, 8-10, 11/

Mk 9:38-40

Thursday Jas 5:1-6/ Ps 49-14ab, 15cd-16, 17-18, 19-20

Friday Jas 5:9-12/ Ps 103:1-2, 3-4, 8-9, 11-12/

Mk 10:1-12

Saturday Jas 5:13-20/ Ps 141:1-2, 3-8/ Mk 10:13-16

Sunday Eighth Sunday in Ordinary Time

Sir 27:4-7/ Ps 92:2-3, 13-14, 15-16/

1 Cor 15:54-58/ Lk 6:39-45

Weekly & Second Collections drop off in boxes in Narthex, parish office, mail, use QR Code or give online via Faith Direct membership.faithdirect.net/VA875 or **Text \$ amount to 703.810.7674.** Thank you for your support.

Jan 23, 2022 Oblate Mission Appeal

Feb 06, 2022 <u>Arlington Catholic Herald Subscription - \$27</u>

Feb 2022 Facilities Improvements

Mar 02, 2022 <u>Eastern Europe</u>

Mar 06, 2022 Black & Indian Missions

January Monthly Collections
Fiscal Year July 2021—June 2022
Offertory 241,570.73
Total Budgeted 213,270.00
Variance 28,300.73
YTD Received 1,401,856.41
Budget YTD 1,397,274.00
Variance 4,582.41



Scan QR Code to donate online

Quote of the week: "Let us run to Mary, and, as her little children, cast ourselves into her arms with a perfect confidence."
- St. Francis de Sales

Cita de la semana: "Corramos hacia María, como sus hijos, arrojémonos dentro de sus brazos con perfecta confianza".

- San Francisco de Sales

Calendar (Subject to change, see website for up to date schedule www.olgcva.org/about-us/calendar)

SUNDAY	24	227		THURSDAY	1,772.77	-
Outreach Giving (Power Packs) O 730 AM - 130 PM O 0eSales Hall & Bell Tower Circle HL BB Games O 1130 AM - 730 PM Fr. Brisson Gym Outreach Giving (Power Packs) O 4:30 PM - 6:30 PM D DeSales Hall & Bell Tower Circle	Presidents' Day, Holiday - No School & Offices Closed YM Ski Trip CANCELLED Holiday Mass O goo AM - grap AM P Church	Tuesday Bible Study. O gr45 AM - 11:45 AM O \$1 Joseph Ctr-Brisson Rm House/CYO BB- Practices O 5:30 PM - 8:30 PM O Fr. Brisson Gym CS 976 Bear Den Mtg. O 6:30 PM - 8:30 PM O School-Counsel Rm Pastoral Council Mtg O 7:00 PM - 8:30 PM O DeSales Hall Women's Book Study. O 7:00 PM - 8:30 PM	House/CYO BB- Practices 9 530 PM - 830 PM 9 Fr Brisson Gym New Parishioner Welcome 9 500 PM - 730 PM 9 DeSales Hall BS 976 Mtg 9 700 PM - 830 PM 9 School-Counsel Rm Small Faith Sharing 9 730 PM - 830 PM 9 Zoom Men's Basketball 9 830 PM - 1000 PM 9 Fr Brisson Gym	Prayer Shawl Ministry 9 g30 AM - 11:00 AM \$ St Joseph Ctr-Brisson Rm House/CYO BB- Practices 9 5:30 PM - 8:30 PM \$ Fr Brisson Gym Music Ministry (Hall) 0 7:00 PM - 9:00 PM \$ Church Rosary-Persecuted Christians 0 7:00 PM - 7:45 PM \$ Virtual Men's Basketball 0 8:30 PM - 10:00 PM \$ Fr Brisson Gym	GS Troop 50118 O 330 PM - 430 PM Multi-Media Center February Frenzy. O 500 PM - 930 PM Gym & Counsel Rm JH Bowling vs. St. Mark's O 630 PM - 830 PM Bowl America Serenata Choir Practice O 730 PM - 930 PM Church	February Frenzy. ② 8:00 AM - 9:30 PM § Gym & Counsel Rm Confessions ② 9:00 AM - 9:30 AM § Reconciliation Room Baptisms ② 10:00 AM - 11:30 AM § Church

Due to the recent spike in COVID cases, OLGC and the Diocese strongly encourage all attendees to wear a mask during this time for the health and safety of all, whether vaccinated or not. We asked this out of Christian concern and charity for all members of the community. All Liturgical Ministers & Volunteers have been asked to wear masks.

If you are sick or not feeling well please refrain from attending Mass or events on campus.

Please visit Fairfax County Dept of Health website for information on COVID-19 protocols, vaccines, boosters, and testing.

DID YOU KNOW? Our bulletin is posted on our website www.olgcva.org/about-us/communications and can be delivered directly to your inbox each week. Please visit this link to sign up for electronic delivery https://discovermass.com/church/our-lady-of-good-counsel-vienna-va/, click the Bulletins tab, and the Sign Up Today button.

Weekly email newsletters - Over the next month, we plan to streamline our email communications to offer more information and engagement in our ministry areas. If you are not receiving our weekly newsletters, please contact Irene Zaso at communications@olgcva.org.

As we "Move Forward Together in the Service of God", we are in need of additional ministers at Mass. Please THINK, PRAY and JOIN! - Contact Gerard Hall, ghall@olgcva.org, 703-896-7411

The Ministry of Porters/Ushers assists those who are in need, gives direction, and lends a hand as needed. The ministry also includes inviting a family to be gift-bearers, taking up the collection, overseeing the Communion procession, distributing bulletins after Mass, and tidying up the pews before the next Mass. Consider this as an opportunity to reflect upon all the blessings you have received from God and how you might be able to fulfill your call to service.



The Ministry of Sound & Camera operate the cameras & sound for live-streaming one Mass a weekend. Camera operator enables parishioners who are homebound and unable to come to Mass for any reason the opportunity to stay connected to the OLGC Community's celebration of Mass. In addition, we will continue to provide live-streaming for our larger Sacramental celebrations (Confirmation and 1st Eucharist), weddings, and funerals especially for those who cannot travel so they

can still participate in the celebration. The Ministry of Sound – With our new sound system, we are looking for volunteers to join the Sound Ministry. These ministers would be responsible for monitoring the sound system for each Mass, making sure levels are correct, and adjusting when necessary, to provide for the maximum sound experience for our worship.

Monthly Outreach Project: February 19th & 20th

Power Pack Drive

Food for Others supplies Fairfax County Public School children at 30 elementary schools who are part of the Free and Reduced Lunch program, with Power Packs to help manage hunger over the weekend. Last year, Food For Others distributed 74,000 power packs. Let's work together to fight hunger and offer these children a meal. Please sign up on the Sign Up Genius to contribute to this effort. We ask that you pay special attention to the sizes and types of food items requested.

To donate items see descriptions on the SignUpGenius www.signupgenius.com/ go/30e044ea8a72ea7fc1-power. If you would like to volunteer to collect and make packs please signup www.signupgenius.com/go/30e044ea8a72ea7fc1-power1. You can also give monetarily online at https://foodforothers.salsalabs.org/JanuaryGiving/index.html.



School families can drop off their items during morning carpool on Friday, February 18, 7:30-8am. All others can drop off Saturday, February 19 from 8am-12pm and 3:30-5:30pm, and Sunday, February 20 from 8am-12pm in front of DeSales Hall or in the Narthex at the 5pm Mass.

Questions or concerns? Please contact Tina Wickham at twickham96@gmail.com. Thank you for your support!

For Breakfast:

Individual Oatmeal packets in all flavors: Maple & Brown Sugar, Apples

& Cinnamon

Cereal - individual serving size boxes

(0.75oz-1.2oz)

Granola Bars - Milk 'n Cereal bars,

Nutri Grain bars

For Lunch and/or Dinner:

Mac & Cheese cups: Velveeta and Kraft 100% Fruit juice boxes Tuna & Chicken Salad kits w/ crackers Hormel "Compleats for Kids" Meals

Chef Boyardee: in single serving sizes

For Snacks:

Fruit cups (in their own juice) Cheese & crackers, Goldfish crackers Applesauce Squeeze packets (all

flavors) Fruit Snacks

Granola Bars & Chewy Bars

Raisins

For Drinks:

Capri Sun juices packets

Shelf stable milk (Horizon & YooHoo,

any flavor)

No glass containers, please!

No items with peanuts or peanut

butter!

Pantry Supplies Needed

Beans Flour

Canned meats

Pasta

Mac & Cheese

Youth Ministry Derek Rogers youth@olgcva.org

Check out all events and register to be on the email list at www.olgcva.org/faith-formation/children-youth/ youth-ministry. Sunday Nightlife after 5pm Mass in DeSales Hall or other weekend excursions, see calendar and website for details.

Nightlife: Preparing for Lent is Sunday, February 27th from 6-7:30pm in De Sales Hall. Join us for dinner and a look to our upcoming Lenten season on how to make it a spiritually impactful and life changing experience.

Steubenville Catholic Youth Conference Interest July 15-17 is the Steubenville Youth Conference in Ohio. We have never gone before, have heard great things, and I wanted to see if there was any interest for this trip. We would leave Friday AM via bus with some other local churches and return on Sunday. Here is a link to see what it's like. Still figuring out pricing but I wanted to gauge interest level. I can hold some spots until April if we need to drop. Please Derek.

OLGC Teen Leadership Openings If you are in grade 9-12 and want to help shape this community please email back. We are expanding our team and currently have a small group of high school students that help serve in youth ministry in various ways. We are looking for growth and ideas moving forward. Any time commitment is accepted.

High School Workcamp 2022: Registration for High School Workcamp 2022 is now open! We will be serving Scranton, PA on July 3-9! Students 9-12 grade are invited to join on this week-long service trip that many teens say is their favorite memory of the year! OLGC Workcamp 2021-22 Teen Witness Promotional Video, OLGC Workcamp 2021 Imperial PA Music Video Register online www.olgcva.org/faith-formation/children-youth/youth-ministry/hs-workcamp.

Parish Updates & Events

The school and parish offices are closed on Monday, February 21st for the President's Day Holiday.

Mass will be at 9am and then the Church will be closed.

Tuesday Scripture Study: Oremus - March 1st—A Lenten Study on Catholic

Prayer Looking for an opportunity to deepen your prayer life this Lent? Check out Oremus: A Guide to Catholic Prayer from Ascension Press. This study program teaches you the essentials of an effective and fruitful prayer life. Over the course of eight weeks, you will discover how God speaks to you, even in the smallest encounters. Following the Tradition of the Catholic Church and the wisdom of the saints, you will learn how to express yourself to God in prayer, and how to hear his voice. Our Tuesday Morning Bible Study will offer the course by Zoom at 9:45 am, beginning on Tuesday, March 1st (the



day before Ash Wednesday) and finish on April 19th (Easter Tuesday). To purchase the study set, please visit https://ascensionpress.com/products/oremus-guide-catholic-prayer-student-workbook. To register and any questions, please email Fran Davenport at bwdavenport@cox.net or call her at 703-242-7440 (home phone).

Dining for Dollars

Wed. & Thurs. February 23rd & 24th 11am - 7:30pm

CHURCH STREET PIZZA



Please call 703-938-1155 to place your orders and mention OLGC. Delivery available starting at 4:00 pm.

February Frenzy one of OLGC's most beloved community traditions is

back! Come by the school gym from February 25st -28th for some exciting youth basketball games. The OLGC House League consists of 5 boys teams and 5 girls teams made up of 4th and 5th graders from OLGC school and parish. We will be ending the season with a double-elimination tournament. 16 games will be played between Friday night and the championship games on Monday evening. The schedule will be on www.olgcva.org/fellowship/athletics/basketball. The 5th grade also is running a snack bar with all proceeds going to the Wildcat Fund. Delicious Food items include Church St. Pizza, Chick-fil-A sandwiches, and the House League fan favorite, Taco in a Bag! For more information, contact Eric Andres, EricNAndres@gmail.com. Go WILDCATS!

"David" Live on Stage: Sat. April 23 A spectacular entertainment experience! Join the Fil/Am Community Ministry on a bus trip to Lancaster, PA to enjoy the Sight and Sounds Theatre production "David". The bus will leave OLGC at 8:00 a.m. Please arrive by 7:45 a.m. and park at the lot with the basketball hoops, across from the school gym. Seats will be filled on a first-come, first-served basis.

Passengers will be required to present proof of vaccination before boarding the bus and wear a face-covering during the bus trip. There will be opportunities for outlet shopping and dining in Lancaster before the show. Cost: \$160 per person includes a show ticket, transportation, gratuities, coffee and donuts, and snacks on the bus. **Please confirm**



reservation shortly after sign-up, but no later than March 15, by mailing a check (pay to Fil/Am Community Ministry), your name and contact info, and other passengers' names to Fil/Am Community Ministry, 1106 Jackson Ct., Falls Church, VA 22046. For reservations and info contact Fil/Am Community Ministry filminolgc@gmail.com.

The OLGC Lenten Fish Fry is Back! Please plan to join us for the OLGC Lenten Fish Fry which takes place in DeSales Hall from 4-7PM every Friday during Lent starting March 4th through April 8th. The fish fry dates this year are 3/4, 3/11, 3/18, 3/25, 4/1, and 4/8. Carryout and online ordering is also available. We will once again be serving up a great selection of food including fried/baked Cod, fried shrimp, fried oysters, hand-cut fries, mac & cheese, coleslaw, rice & beans, and homemade desserts. Beer, wine, soda, and water will also be available for purchase. This event is not possible without the help of so many gracious volunteers from across the parish



community. We would love it if you could help out this year signup using this link https://www.signupgenius.com/go/10c0c4eacac2aa4f85-2020. Questions? Please contact Russ Weaver russ <a href="https://www.signupgenius.com/weaver-question-new-approximation-new-approxi

Parish Updates & Events

Safety & Security Project: The Diocesan Office of Risk Management conducts annual safety inspections of the parish and school procedures and facilities. Based on those reports and in conjunction with the OLGC Safety & Security Team, Facilities Committee, and the local police & fire departments, we are upgrading our closed-circuit television and access control system (surveillance cameras and key card system). On February 7, 2022, Datawatch Systems started upgrading and installing components for our new video surveillance cameras, a new monitoring system, new door card readers, alarm contacts, and intercoms on the campus. With these new systems, some doors, locks, and keys will be changed, as well as some operating procedures to ensure that we keep our students, staff, parishioners, and guests as safe as possible.



One aspect of the project was to improve lighting on campus. The first phase of that project is complete as the lights on the Bell Tower were replaced with LED fixtures to better light the tower circle area. In addition, the parking lot light fixtures have all been replaced with LED light fixtures by our facilities team. We have installed 50 LED fixtures with 7 more to be replaced. The poles will be painted this spring. You should see an improved difference in the lights at night.

Just as we communicated the masonry brick project to the community, we will do the same with this project. Please visit the news post on the website www.olgcva.org/news-post/~board/news/post/safety for updated information and our SmugMug Photo Gallery for photos.

OLGC School Preschool-8th grade www.olgcschool.org 703.938.3600

Kindergarten worked on their coiling skills in Art Class with these beautiful clay hearts!



Fifth grade hosted a beautiful Mass.







Volunteer Background Checks & Training If you are in the process of your background check and have not taken a Virtus Training Class or plan to volunteer with children this school year or next, OLGC is hosting a 4-hour in-person Virtus session on April 23, 2022 from 9:00 a.m. – 1:00 p.m. in DeSales Hall. Register online at www.virtusonline.org

- Click on First Time Registrant
- Click on View a List of Sessions
- Select Arlington, VA (Diocese)
- Scroll down, select a session, and follow the prompts.

For those wanting to volunteer next year or this summer with children, you need to fill out a request form: www.olgcva.org/outreach/serve/volunteer-children. If you have any questions, please contact Christine Moan, Child Protection Liaison, cmoan@olgcva.org.

Required for the following ministries:

- CCF (Catholic Christian Formation)
- Children's Liturgy of the Word
- Coaching/Assistant Coaching
- OLGC School Volunteers

- Scouting (Boy Scouts, Cub Scouts & Girl Scouts)
- Youth Ministry
- General volunteers who work with children.

Community & Diocesan Updates



February is the time to subscribe or unsubscribe to the Arlington Catholic

atholic Herald Herald. The Herald supports the Church's mission to evangelize by providing news from a Catholic perspective. It informs, inspires, and connects Catholics by sharing the faith

story of the Arlington Diocese. You can help defray the cost that OLGC pays for its parishioners by submitting payment up to \$27 to OLGC, note Herald in memo field or pay online with Faith Direct: https://membership.faithdirect.net/givenow/ VA875/26614. To subscribe or cancel, please contact Irene Zaso, communications@olgcva.org, 703.896.7412.

Please join St. John Neumann's Racial Justice Ministry for an engaging presentation by Dr. Jennifer Ritterhouse, entitled "Overcoming the Lost Cause Narrative: The Teaching of Race in Virginia Schools," on Tuesday, February 22, at 7 p.m. via Zoom. A professor of history at George Mason University, Dr. Ritterhouse is an expert on the segregated South, the civil rights movement, and U.S. women's history. Her talk will discuss the origins of Black History Month, which contrasts with a long tradition in Virginia public schools of teaching history from a pro-Confederate, "Lost Cause" perspective. Eight attendees will be selected at random to receive a signed copy of one of her two books, Growing Up Jim Crow: How Black and White Southern Children Learned Race or Discovering the South: One Man's Travels Through a Changing America in the 1930s. To register, go to https:// bit.ly/3KciWHg by February 21.

Dear OLGC,

On behalf of the Office of Marriage, Family and Respect Life, we wish to extend our deepest thanks to you and



your parish for your recent participation in the Gift for Life campaign! Your contributions totaled \$2,510.00 bringing the 2021 Gift for Life donations to \$374,090.00.

This could not have happened without you. If you would like to learn more about how to build a stronger Gabriel Project or Project Rachel presence at your parish, email Sarah LaPierre or call (703) 841-3812. May the Lord bless you abundantly for your tremendous generosity.

Gratefully in Christ,

Harah Fatherre Thirese Bumpull



Bring Healing into your Lenten Journey! "Healing Relationships...Let It Begin with Me"

> Saturday, March 26, 2022 St. John Neumann, Reston, VA

> > Register at oblates.org

You are invited to join the Oblates of St. Francis de Sales on Saturday, March 26, 2022, for the 17th Annual Live Jesus! Event at St John Neumann Catholic Community, Reston, VA. "Healing Relationships...Let It Begin with Me," is this year's theme, and invites attendees to reflect on the relationships in their lives. Keynote speaker is Fr. Tom Dailey, OSFS, STL, The John Cardinal Foley Chair of Homiletics & Social Communications and Professor of Theology at Saint Charles Borromeo Seminary in Philadelphia, PA. Register at www.oblates.org.



The 2022 BLA is underway! Our theme is "Do this in remembrance of me." Commitment Sunday is next weekend! Once a year we are asked to make a pledge to support the work of our diocesan programs and ministries which provide services that no parish could provide

on its own. Our parish goal is 100% participation. By participating in the BLA, we remember the gift that Christ Himself gave us through His body and blood, and are asked to respond to His call to serve our brothers and sisters. You can make a gift at: www.arlingtondiocese.org/BLA



Why Catholics Should Care About Our

Common Home? Pope Francis called on Catholics to embrace the urgent challenge to protect the whole human family and all of creation in the encyclical Laudato Sí: On Care for Our Common Home. The Diocese will address how to do so at a special Mass and conference Sat. March 12th at 5pm at Church of the Nativity. The event will launch the Diocese's 7-year effort to teach and implement Pope Francis' encyclical on the integral ecology of God's creation. Register https://

careforourcommonhome.eventbrite.com

Información Parroquial en español

Toda preguntas o sugerencias en español comuniquese con Maria Romero, Coordinadora de Bienvenida y/o Enlace con la comunidad de habla hispana, <u>welcome@olgcva.org</u>, 703.896.7419.

- •¡Las oficinas parroquiales y las de la escuela estarán cerradas mañana lunes 21 de febrero por el feriado del Día del Presidente. La misa será a las 9am y inmediatamente después de misa la Iglesia cerrada.
- •¡COMIENZA LA PETICIÓN CUARESMAL DEL OBISPO DEL 2022! La correspondencia sobre la Petición Cuaresmal Del Obispo

del 2022 se envió recientemente a los feligreses. El lema de este año es "Hagan esto en conmemoración mía". Después de reflexionar sobre las bendiciones que Dios les ha dado, en espíritu de oración piensen en hacer una promesa de contribución. La Petición Cuaresmal Del Obispo financia programas y ministerios al servicio de miles de personas en nuestra diócesis. Con la inspiración del lema de la Petición Cuaresmal del Obispo, recordemos la tierna naturaleza de Cristo al unirnos para dar algo de nosotros mismos a otras personas. Pueden hacer su ofrenda en la página www.arlingtondiocese.org o escanear el código de respuesta rápida (QR) que aparece a continuación: La Petición Cuaresmal se llevara a cabo el



fin de semana del 5/6 de marzo, les pedimos por favor vengan preparados para hacer su compromiso y/o donación. Al igual le pedimos que lleven en sus oraciones el éxito de La Campaña Cuaresmal Del Obispo.

- •Confesiones: Durante el mes de febrero las confesiones en español serán el sábado 5, y 26 de 9am a 9:30am y de lunes a jueves únicamente con cita. Puede llamar para hacer una cita con el Padre Mateo durante la semana al 703-938-2828 ext. 108. o envíe un correo electrónico a rhillyard@olgcva.org No se escuchan confesiones los domingos en ninguna de las misas ni antes o después de la Misa.
- •Intenciones de misas para el año 2022: El proceso será el mismo que en los años pasados, debido al limitado número de misas celebradas en nuestra parroquia y la abrumadora solicitud de intenciones para misas, cada persona se limitará a tres intenciones de misas por el año. Sin embargo, hay intenciones de misas ilimitadas celebradas por los sacerdotes oblatos retirados en Childs Maryland en la casa de retiro. Puede presentar su solicitud para las misas en línea https://www.olgcva.org/liturgy-worship/devotions/mass/olgc, en las oficinas parroquiales, o en el Centro de Bienvenida. Las misas se otorgarán en el orden que sean recibidas. También puede reservar una de las velas rojas del Santuario al lado de los tabernáculos en la iglesia y la capilla, y la vela azul al lado de la estatua de Ntra. Sra. del Buen Consejo. Igualmente tenemos, El Libro de Intenciones, este se encuentra en la entrada principal de la iglesia.
- •Registración Parroquial: Animamos a todos los católicos bautizados que viven dentro de los entornos de nuestra parroquia a hacerse miembros registrados de Ntra. Sra. del Buen Consejo. También animamos a las familias a participar activamente en la vida parroquial para nutrir su relación entre Dios y ellos. Los miembros pueden recibir sus sacramentos, carta de elegibilidad de padrinos, inscribirse en nuestra escuela o programas de educación religiosa, ayuda con la matrícula escolar y recibir nuestras comunicaciones parroquiales. Complete el formulario en nuestro sitio web www.olgcva.org/register o comuníquese con Christine Moan al 703.896.7413
- •Formación de Fe/Catequesis: para adultos, niños y bautizo de niños mayores de 6 años comunicarse con Guadalupe Sáenz ccfofficeassist@olgcva.org 703.896.7415 igualmente comuníquese con ella para inscribir niños de preescolar a octavo grado para la catequesis.
- •Sacramento de matrimonio: Completar por lo menos 6 meses antes el formulario en el enlace siguiente https://www.olgcva.org/sacraments/matrimony o llamar al Sr. Hall 703-896-7111.
- •Sacramento del bautismo: Para Bautismos de niños menores de 6 años y Charlas de padres y padrinos deben inscribirse de antemano, https://www.olgcva.org/sacraments/baptism una vez completada esta y entregado los documentos requeridos le confirmaremos la fecha del bautizo. Igualmente se puede comunicar con María Romero al 703.896.7419 o welcome@olgcva.org.
- •Rezar el Rosario: Acompañemos en La Capilla / El Jardín de Ntra. Sra. del Buen Consejo, los domingos a las 11:15am y los lunes a las 7:30pm vía Zoom. Comuníquese con Carlos Berrios berrioscg@gmail.com.
- •Recordatorios/COVID-19: Debido al aumento reciente en los casos de COVID, nuestra parroquia y la Diócesis recomiendan encarecidamente a toda la asamblea usar tapabocas / mascarilla durante este tiempo para la salud y seguridad de todos. Los ministros de la Eucaristía, Monaguillos y Servidores del Altar deben usar mascarillas. Si está enfermo, no se siente bien, o ha estado cerca de alguien que está enfermo, por favor, no asista a misa o eventos en las instalaciones de la iglesia. Les pedimos consideren usar sus mascarillas cuando asistan a misa, incluyendo las personas completamente vacunadas, dado que el número de casos siguen aumentando con la propagación de las distintas variantes. Les recordamos que personas con problemas inmunológicos y los niños menores de 5 años no pueden ser vacunados; se les suplica hagamos lo posible para protegerlos a ellos y a nosotros mismos. Gracias por su colaboración.

Senior Moments: Marge Van Lierde, Gitkagirl@gmail.com, 571.831.3951

THANK YOU! – Here's a shout out to Heidi Snyder, her "kitchen elves," and everyone else who helps make our Seasoned Citizens Luncheons successful. In today's world, it's not easy to find exactly what you'd like for such an event due to the supply chain challenge, but she does and is able to pivot when she needs to in order to make things happen. Thanks, Heidi, for your commitment to our seniors here at OLGC. The February luncheon was a huge success, with 103 reservations! The next one is scheduled for Thursday, March 17. This year it falls right on St. Patrick's Day, and you all know what that means! It's one of our most well-attended events. Mark your calendars and start thinking about what that "something green" will be that you'll be wearing! Watch for details.

CONCERT – The City of Fairfax Band will be performing a concert on Saturday, April 9 at 7:30 pm at Fairfax High School, 3501 Rebel Run Rd. in Fairfax. "Dancing Into the 20s" will feature "Rhapsody in Blue" with guest pianist Raffi Kasparian. This promises to be a very special concert. Tickets are very reasonable, only \$10 for seniors at the door. If you'd like them in advance, write to the City of Fairfax Band Association, P.O. Box 1306, Fairfax, VA 22038 with a check made payable to it and enclose a self-addressed stamped envelope.

KEEP THAT TICKER GOING – Vienna Parks & Recreation is offering a free lecture on Heart Health at the Vienna Community Center this Tuesday, February 22, from 12-1 pm. You'll find out if nutritional deficiencies are contributing to your heart issues. Dr. Katie Thompson of the Health Improvement Center will uncover them – there may be some surprises! Call the VCC to let them know you'll be there for planning purposes: 703-255-6360.

NEW TRIP – Vienna Parks and Recreation is offering this trip to mature adults on Thursday, March 24. You'll go to The Barnes in Philadelphia, one of the world's greatest collections of impressionists, post-impressionist and modern art, including works by Renoir, Cezanne, Matisse, and Picasso, displayed alongside African masks, native American jewelry, Greek antiquities, and decorative metalwork, creating unique opportunities to look, talk and share. Philadelphia art collector Albert C. Barnes chartered the Barnes Foundation in 1922 to teach people from all walks of life how to look at art. There'll be a 60-minute docent-led tour followed by a boxed lunch in the Café. Lunch is included in the trip fee, which is \$108 for Vienna town residents, \$135 for everyone else. Make your reservations online through your WebTrac account at the

Vienna Community Center, or stop by to do it in person.

FRIENDSHIP AND AGING – Having friends can mean living a more fulfilling and healthier life as you get older. Unfortunately, the loneliest group of individuals in the United States are middle-aged or older, with a third of those between the ages of 45 and 49 saying they have no one to confide in, according to psychologist Susan Pinker. She authored "The Village Effect: How Face-to-face Contact Can Make Us Healthier, Happier and Smarter."

She says those with a tightly connected circle of friends who regularly gather – even if it's just to eat and share gossip – are likely to live an average of 15 years longer than a loner. Those with active social lives are more physiologically resilient and recover faster after an illness than those who are more socially isolated. Research has shown that friends can inspire each other to have a healthier lifestyle and help reduce stress, which can lower blood pressure, decrease the risks of depression and heart disease and reduce the odds of developing dementia. Social connections are as protective as regular exercise, she says. A hug, a squeeze on the arm, or a pat on the back lowers one's physiological stress responses, which, in turn, helps the body fight infection and inflammation.

As we get older and our friends move away, become ill or, sadly, die, it's even more important to keep adding to our roster of friends. They can be found in many different ways, but volunteering is a good place to begin. There are so many opportunities right here at OLGC to offer your expertise and knowledge as a volunteer. If that's not your "thing," attend as many social functions as possible to expand your world. Some of these are the monthly Donut Socials, Seasoned Citizen Luncheons, the Fish Fry, the annual parish picnic, etc. The same is true for the Shepherd's Center of Northern Virginia, where you can serve as a driver or attend Adventures in Learning. We are social beings and having strong social support from family and friends becomes increasingly important as we age.

ELDER WISDOM – We could learn a lot from crayons: some are sharp, some are pretty, some are dull, some have weird names, and all are different colors.... but they all live in the same box.



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