



Confirmation Candidate and Parent Meeting

January 2022

Opening Prayer

Let us pray to God the almighty Father,
For these, his adopted sons and daughters,
Already born again to eternal life in Baptism,
That he will graciously pour out the Holy Spirit upon them
To confirm them with his abundant gifts,
And through his anointing conform them more fully to Christ, the Son of God.

Almighty God, Father of our Lord Jesus Christ,
Who brought these your servants to new birth by water and the Holy Spirit,
Freeing them from sin:
Send upon them, O Lord, the Holy Spirit, the Paraclete;
Give them the spirit of wisdom and understanding,
The spirit of counsel and fortitude,
The spirit of knowledge and piety;
Fill them with the spirit of the fear of the Lord.
Through Christ our Lord.
Amen.



Reflection Questions

(5 minutes: Parent/Candidate Discussion)

- ❖ What word or phrase sticks out most to you? Why?
- ❖ When did you become an adopted son/daughter of God?
- ❖ What are we hoping for/asking for in the Sacrament of Confirmation?
- ❖ What does it mean to be anointed?
- ❖ Through the Sacrament of Confirmation, who do we become more like?
- ❖ What is the point of being filled with the spirit of wisdom, etc.?
- ❖ What does the Sacrament of Confirmation strengthen you to be able to do/be?
- ❖ Why does the Sacrament of Confirmation matter in your life?



Confirmation Video by Sophia SketchPad

[https://www.youtube.com/watch?
v=Lu3MoT_egFI](https://www.youtube.com/watch?v=Lu3MoT_egFI)



Questions or Thoughts?

Sacrament of Confirmation



Notes on Confirmation Celebration

- ❖ **Confirmation Date:** Saturday, November 19, 2022
 - ❖ Bishop Loverde is the Confirming Prelate
 - ❖ *He prefers the celebration of Confirmation outside of Mass.*
 - ❖ *We will hear from the Diocese at a later date the details of what our Confirmation will look like.*
 - ❖ 10 am and 2 pm
 - ❖ *Mass Signups to open on Saturday, August 6, 2022 at 10 am for all of those who have turned in required paperwork by August 1, 2022.*
 - ❖ *Rehearsal: Thursday, November 17, 2022 at 6 pm and 7 pm*
- ❖ Sacrament of Reconciliation prior to Confirmation



Notes on Confirmation Celebration

- ❖ **Attire:** Bishop Burbidge is content with our request for no robes to move Confirmation away from being viewed as graduation. Sunday Best- modest attire.
- ❖ **No limit on seating at this time.** Depending on how things look with COVID this Fall, we may need to adjust this.
- ❖ **The Bishop may ask questions at Confirmation.**
 - ❖ List of questions in the packet online
 - ❖ Catechists/religion teachers will be covering in class
 - ❖ Please review these questions at home



Confirmation Preparation: 2-year Formation

- ❖ Religion Class either at OLGC School or at CCF (7th and 8th Grade)
- ❖ Retreat (2 options): Sat, July 23rd and Thur, August 4th
 - ❖ 9 am to 3 pm at OLGC
- ❖ Large Group Sessions-3 in 7th grade and 3 in 8th grade
 - ❖ 1/24/22, 3/14/22 & 5/9/22
- ❖ Confirmation Faith Sharing Interviews- Fall 2022

Confirmation Checklist

-due April 2023

Confirmation Formation Checklist

Due April 2023

All the following must be completed outside of CCF and School time

Formation

- 7th Grade Large Group Sessions
 - 1st Date _____
 - Parents Initial _____
 - 2nd Date _____
 - Parents Initial _____
 - 3rd Date _____
 - Parents Initial _____
- 8th Grade Large Group Sessions
 - 1st Date _____
 - Parents Initial _____
 - 2nd Date _____
 - Parents Initial _____
 - 3rd Date _____
 - Parents Initial _____
- Confirmation Retreat- Summer 2022
 - Date _____
 - Parents Initial _____
- Confirmation Faith Sharing Interview- September 2022
 - Date _____
 - Parents Initial _____

Parish Community

- Attend Junior High Youth Ministry Social Event (one)
 - Date/Event _____
 - Parents Initial _____
- Attend Parish Social Events (Fish Fry, Spaghetti Dinner, Donut Social, etc.) (three)
 - 1st Date/Event _____
 - 2nd Date/Event _____
 - 3rd Date/Event _____
 - Parents Initial _____

Spirituality

- Participate at Stations of the Cross or Pray the Rosary in Mary's Garden at OLG (circle one)
 - Date: _____
 - Parent's Initial _____
- Spend 5 hours in Adoration of the Blessed Sacrament (Holy Hour)
 - See attached Adoration Log
- Celebrate Confession at least twice
 - 1st: Parent's Initial _____
 - 2nd: Parent's Initial _____
- Visit one of the below (circle one)
 - Cathedral of St. Thomas
 - Moore in Arlington, VA
 - Basilica of St. Mary in Old Town Alexandria, VA
 - Basilica of the National Shrine of the Immaculate Conception in D.C.
 - Franciscan Monastery in D.C.
 - JPPI National Shrine in D.C. (Visit the JPPI Museum)
 - Other _____

Date: _____ Parent's Initial _____

Service

Please see the backside of this page and the 3 attached service logs.

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Confirmation Formation Checklist

Due April 2023

All the following must be completed outside of CCF and School time

SERVICE

- A total of 30 Hours of Service is to be completed in the following areas
- Please record on the attached Service Logs

OLGC Liturgical Service (10 Hours)

- To be completed at Weekend Masses
- Please contact Gerard Hall at liturgy@olgcvva.org to sign up for our Greeter Ministry.

OLGC Community Service (10 Hours)

- CCF Catechist Aide
 - Contact Amy MacKinnon at ccfcoordinator@olgcvva.org
- Parish Lenten Fish Fry Prep and Service
 - [Sign up genius](#) to come
- Fall Fest Booths
 - [Sign up genius](#) to come
- 1st Eucharist Retreat
 - [Sign up genius](#) to come
- Parishioners who need assistance
- Other

*Please note that some of these items on the checklist and service logs may not be possible to accomplish depending on where we are with COVID. Please accomplish what you can and don't worry about what you can't.

Local Community Outreach (10 Hours)

Local Community Outreach should fit into one of the Corporal or Spiritual Works of Mercy (see below). Examples include:

- Local soup kitchens
- S.O.M.E.- So Others Might Eat
- C.H.O.- Committee Helping Others
- The Lamb Center
- Hope Center
- Tutoring
- Local Cemeteries- clean the gravestones

Corporal Works of Mercy

- Feed the Hungry
- Give Drink to the Thirsty
- Shelter the Homeless
- Visit the Sick
- Visit the Prisoners
- Bury the Dead
- Give Alms to the Poor

Spiritual Works of Mercy

- Counsel the Doubtful
- Instruct the Ignorant
- Admonish the Sinner
- Comfort the Sorrowful
- Forgive Injuries
- Bear Wrongs Patiently
- Pray for the Living and the Dead

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Choosing a Confirmation Name

Pray | Research | Reflect

- ❖ This saint is your spiritual companion
- ❖ Could be your baptismal name (if baptized with a saint's name)
- ❖ Could be a saint that is special to you or your family
- ❖ Could be a saint that shares a special day with you
 - ❖ i.e. your birthday is on their feast day
- ❖ Could be a saint that is a patron of one of your hobbies, interests, etc.
- ❖ Must choose a Saint or a Blessed recognized by the Catholic Church
- ❖ Ask your mom, dad, sponsor, sibling, grandparent , godparent, etc. which saint they chose and why to help give you ideas
- ❖ Take this choice to prayer and see which saint God reveals to you
- ❖ Document in the packet of materials with resources to help you research



Choosing a Sponsor

- ❖ Select one person to journey and support you as you prepare for Confirmation and beyond
- ❖ Like a coach or teacher
 - ❖ *Want to select someone who knows the game, but in our case knows the faith.*
 - ❖ *This person has the experience to guide you in deepening your relationship with Jesus and witnesses to you and to others God's love for the world.*
- ❖ Could be one of your godparents
- ❖ See the packet for the document on Choosing a Confirmation Sponsor
- ❖ The sponsor should be present to stand with you as you are confirmed.



Qualifications of a Sponsor

- ❖ Someone who is at least 16 years old
- ❖ Someone who is not your (the Confirmation candidate's) parent
- ❖ Someone who has received the Sacraments of Initiation (Baptism, Confirmation, and Eucharist)
- ❖ Someone who is a committed and active Roman Catholic, committed to living his or her life in accord with Catholic Church Teaching and Tradition and fully participates in the sacramental life of the Church
- ❖ If married, someone whose marriage is recognized by the Catholic Church
- ❖ **This person must provide a Letter of Good Standing / Sponsor Eligibility Form.**
 - ❖ *This letter/form/certificate comes from the sponsor's home parish stating that he/she meets the qualifications above. Sponsors from OLGC also need to submit one.*
 - ❖ ***This form is due to Amy W. de Bernardo by August 1, 2022.***



Role of Parents

- ❖ Pray for your child during this time
- ❖ Power of Witness (Prayer, Mass, sacraments, etc.)
- ❖ Engage your child in the Confirmation formation and preparation and in conversations about the faith-you are the primary educators!
- ❖ Continue your own formation:
 - ❖ Salesian Presentations
 - ❖ Bulletin, Website, and weekly OLGC email newsletters
 - ❖ Formed.org (can sign up for free under OLGC's account)
- ❖ 7th graders- don't be afraid to ask questions to your parents, sponsors, catechists/teachers, etc. Preparing for the Sacrament of Confirmation is an important step in your life- Explore it!



Parent Volunteer Roles

- ❖ Five or six Grade 8 CCF Catechists
- ❖ 12 group Facilitators for Large Group Sessions
- ❖ Will send emails with sign up information as we go along
 - ❖ Please make sure Amy W. de Bernardo (dre@olgcva.org) is an approved sender in your email...emails have been going to spam folders

CONFIRMATION PREPARATION TIMELINE 2021-2023

Timeline

Fall 2021 to Spring 2022	<u>7TH - GRADE CATECHESIS</u> CCF Small-Group Sessions (CCF only): Sun. evenings, 6:15 pm-7:45 pm Religion Class (OLGC School only): OLGC School Schedule <i>Dates for 7th-Grade Large-Group Sessions are as follows:</i> <ul style="list-style-type: none"> Monday, January 24, 2022 Monday, March 14, 2022 Monday, May 9, 2022
Winter 2022	Form 1A. Confirmation Info and Commitment Form- Due February 1, 2022
Spring 2022	Confirmation Retreat Registration opens May 1, 2022
Spring 2022 – Spring 2023	Complete Confirmation Formation Checklist
Summer 2022	Confirmation Retreat: Saturday, July 23 rd or Thursday, August 4 th , 9 am to 3 pm <ul style="list-style-type: none"> Confirmandi must attend one of these retreat dates. If they are unable to attend either of these dates, please find a Confirmation retreat at a different Church prior to Confirmation at OLGC in the Fall of 2022. Form 2A. Confirmation Name (Saint) & Sponsor Info- Due June 1, 2022 Sponsor Eligibility Form/ Letter of Good Standing- Due August 1, 2022 Confirmation Sign Up Opens for those who have all paperwork submitted by 8/1/22 - Saturday, August 6 th at 10 am.
Fall 2022	Confirmation Faith Sharing Interview with member of Pastoral Team: TBD Confirmation Rehearsal: Thursday, November 17, 2022 (6 pm & 7 pm) Confirmation: Saturday, November 19, 2022 (10 am & 2 pm)
Fall 2021 to Spring 2022	<u>8TH - GRADE CATECHESIS</u> Small-Group Sessions (CCF only): Sun. evenings, 6:15-7:45pm Large-Group Sessions (CCF & OLGC School): Mon. evenings, 6:45-8:00pm once every other month (with no CCF small-group session that week) <i>Dates for Large-Group Sessions: TBD</i>

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Confirmation Timeline



Due Dates Prior to Confirmation

- ❖ **Form 1A.** Confirmation Info/Commitment Form – Due Feb. 1, 2022 (online)
- ❖ **Newly Issued Baptismal Certificate with Notations-**
 - ❖ *Please contact the parish where your child was baptized ASAP*
 - ❖ *Physical certificate due March 1, 2022 to Amy W. de Bernardo at OLGC*
 - ❖ *We only need this if the Confirmation Candidate was NOT baptized at OLGC.*
- ❖ **Confirmation Retreat Registration and Completion** – Opens May 1, '22
 - ❖ *Online Form (will be emailed and posted online)*
- ❖ **Form 2A.** Confirmation Name (Saint) & Sponsor Info – Due June 1, 2022
 - ❖ *Online Form (will be emailed and posted online)*
- ❖ **Letter of Good Standing / Sponsor Eligibility Form-** Due Aug. 1, 2022
 - ❖ *Original copy needs to be sent to Amy de Bernardo at OLGC*
 - ❖ *Make a copy for your records (scan, picture, photocopy, etc.)*
- ❖ **Confirmation Sign Up will open at 10 am on Saturday, August 6th for those who have submitted all the forms above.**



Due Dates Post Confirmation

- ❖ *Completion of 8th Grade OLGC School Religion or CCF*
- ❖ *Confirmation Checklist-due April 2023 (in online packet)*
- ❖ *3 Service Logs-due April 2023 (in online packet)*
 - ❖ Liturgy
 - ❖ OLGC
 - ❖ Local VA
- ❖ *Adoration Log- due April 2023 (in online packet)*

*Keep in mind that some of this might not be accomplishable depending on where we are with COVID between now and April 2023.



Questions?

❖ Amy W. de Bernardo

❖ 703-896-7414

❖ dre@olgcva.org

❖ Confirmation Packet on our website:

<https://www.olgcva.org/sacraments/confirmation/2022-confirmation-online-packet>



Closing Prayer

Breathe in me O **Holy Spirit**, that my thoughts may all be **holy**.

Act in me O **Holy Spirit**, that my work, too, may be **holy**.

Draw my heart O **Holy Spirit**, that I love but what is **holy**.

Strengthen me O **Holy Spirit**, to defend all that is **holy**.

~St. Augustine