

February 6, 2022

5th Sunday in Ordinary Time



OUR LADY of
GOOD COUNSEL
CATHOLIC CHURCH

8601 Wolftrap Road, Vienna, VA 22182-5026

Phone: 703.938.2828 Fax: 703.938.2829

www.olgcva.org ~ www.olgcschool.org

Administered by the Oblates of St. Francis de Sales

Mass Schedule

Mon-Sat - 8:30am, holidays are at 9am

Saturday Vigil 4pm

Sunday 8:00am, 10:00am,

12pm (en español), 5:00pm

Office Hours Mon - Fri 9am - 4:30pm,
closed 12-12:30pm for lunch

Chapel open for prayer Mon - Fri 9am - 5pm

Confessions Saturdays 9-9:30am or by appt

Join the Parish www.olgcva.org/register

Schedule an Event

www.olgcva.org/about-us/facilities

Add Item to Bulletin/Media

www.olgcva.org/about-us/communications

Mass Intention Request

www.olgcva.org/liturgy-worship/devotions/mass

Pastor Rev. Matthew Hillyard, OSFS.....frhillyard@olgcva.org
Parochial Vicar Rev. Mathias Kumar, OSFS.....mkumar@olgcva.org
Retired Rev. William Metzger, OSFS.....william.metzger@olgcva.org
Deacon Christopher Moore.....cgmoore@olgcva.org
School Principal Adrienne Jewett 703.938.3600.....ajewett@olgcschool.org
Liturgy/Music/Ministry of Care/Funerals Gerard Hall 703.896.7411....liturgy@olgcva.org
Faith Formation Amy W. de Bernardo 703.896.7414.....dre@olgcva.org
Children's Faith Formation Amy MacKinnon 703.896.7426.....amackinnon@olgcva.org
Youth Ministry Derek Rogers 703.896.7409.....youth@olgcva.org
Communications/Bulletin Irene Zaso 703.896.7412.....communications@olgcva.org
Director of Finance Brian Patterson 703.896.7402.....bpatterson@olgcva.org
Records/Child Protection Liaison Christine Moan 703.896.7413.....cmoan@olgcva.org
Advancement/Annual Giving Alison McKee & JoAnne Kinyon...development@olgcva.org
Events Manager Cheryl Jones 703.896.7418.....cjones@olgcva.org
Reception/Mass Intentions Maria Romero 703.896.7419.....welcome@olgcva.org
Información en español Maria Romero 703.896.7419.....welcome@olgcva.org
Pastoral Council (Tina Wickham).....PastoralCouncil@olgcva.org
Finance Council (Regina Stranix).....FinanceCouncil@olgcva.org
Society of St. Vincent DePaul (Linea de Ayuda) 703.938.3210.....svdp@olgcva.org
Respect Life /Gabriel Project Betsy Argauer 703.255.3744.....betstim@gmail.com
Knight of Columbus Santa Maria Council #4654.....www.knightsvienna.org
Counseling Catholic Charities **Consejería** Caridades Catolica.....703.425.0109

Moving Forward Together in the Service of God - Avanzando Juntos en el Servicio de Dios

Welcome to Our Lady of Good Counsel

We, as members of Our Lady of Good Counsel Parish, strive to witness to the Good News of Jesus Christ by proclaiming our faith, educating ourselves and our children, sharing our persons, resources and gifts in the care and service of one another. We are called to foster an environment of hospitality in accordance with the Spirituality of St. Francis de Sales.

Mass Intentions/Intenciones de la Misa

Sat. & Sun. February 5 & 6, 2022 - Presiders Fr Hillyard, Fr Extejt, Fr Hillyard, Fr Jean Marie, Fr Hillyard

+ Arthur Hathaway
+ Paul Edward Owens
+ Richard & Mary Belle Smith
+ Medford Wray Lacy
Witecki & Koch Families

Monday, February 7, 2022 - Presider Fr Hillyard

8:30am George Degnon

Tuesday, February 8, 2022 - Presider Fr Hillyard

8:30am The OLCG Community

Wednesday, February 9, 2022 - Presider Fr Metzger

8:30am + Jorge Andrés Escalante Vaccari

Thursday, February 10, 2022 - Presider Fr Hillyard

8:30am +Edward Lawrence Komarinski

Friday, February 11, 2022 - Presider Fr Metzger

8:30am + Joseph & Martha Knopp

Saturday, February 12, 2022 - Presider Fr Metzger

8:30am + Julie Winkler

Sat. & Sun. February 12 & 13, 2022 - Presiders Fr Metzger, Fr Hillyard, Fr Hillyard, Fr Celso, Fr Extejt

All Married Couples

All Scouts

+ Richard Lefrancois

+ Olga Marquez de Escalante

+ Francisco & Esperanza Carreras

Please keep those listed in the prayer intention book and the recently deceased in your prayers including Maria Estela Molina and Julie Winkler, mother of Amy Winkler de Bernardo.

OLGC Funerals: www.olgcva.org/liturgy-worship/funerals.

Weekly Prayer of Faithful: www.olgcva.org/liturgy-worship.

Devotional Candles: www.olgcva.org/liturgy-worship/.

Church - + Julie Winkler

Chapel - Healing of Scott Kelley

Our Lady - Peace in the Ukraine

Wedding Banns

None at this time

Readings for the Week/Lecturas de la Semana

Readings for the Week of February 6, 2022

Sunday Fifth Sunday in Ordinary Time

Is 6:1-2a, 3-8/ Ps 138: 1-2, 2-3, 4-5, 7-8/ 1 Cor 15:1-11 or 1 Cor 15:3-8, 11/ Lk 5:1-11

Monday

1 Kgs 8:1-7, 9-13/ Ps 132: 6-7, 8-10/
Mk 6:53-56

Tuesday

1 Kgs 8:22-23, 27-30/ Ps84: 3, 4, 5 & 10, 11/
Mk 7:1-13

Wednesday

1 Kgs 10: 1-10/ ps 37: 5-6, 30-31, 39-40/
Mk 7:14-23

Thursday

Memorial of St. Scholastica, Virgin

1 Kgs 11:4 -13/ Ps 106: 3-4, 35-36, 37 & 40/
Mk 7:24-30

Friday

1 Kgs 11:29-32; 12:19/ Ps 81:10-11ab, 12-13, 14-15/ Mk 7:31-37

Saturday

1 Kgs 12:26-32, 13:33-34/ Ps 106:6-7ab, 19-20, 21-22/ Mk 8:1-10

Sunday

Sixth Sunday in Ordinary Time

Jer 17:5-8/ Ps 1:1-2, 3, 4 & 6/ 1 Cor 15:12, 16-20/ Lk 6:17, 20-26

Weekly & Second Collections drop off in boxes in Narthex, parish office, mail, use QR Code or give online via Faith Direct membership.faithdirect.net/VA875 or Text \$ amount to **703.810.7674**. Thank you for your support.

Jan 16, 2022 [Latin America](#)

Jan 23, 2022 [Oblate Mission Appeal](#)

Feb 06, 2022 [Arlington Catholic Herald Subscription - \\$27](#)

Feb 2022 [Facilities Improvements](#)

December Monthly Collections Fiscal Year July 2021—June 2022

Offertory	261,775.89
Total Budgeted	235,616.00
Variance	26,159.89
YTD Received	1,160,285.68
Budget YTD	1,184,004.00
Variance	(23,718.32)



Scan QR Code to
donate online

Quote of the week: "The lives of the saints are nothing but the Gospel put into practice." St. Francis de Sales
Cita de la semana: "La vida de los santos no es más que el Evangelio puesto en práctica". - San Francisco de Sales

SUNDAY FEBRUARY 6

Donut Social 9:00 AM - 1:30 PM DeSales Hall
Children's Liturgy Of The Word 10 - 11:00 AM Chapel
HL BB Games 11:30 AM - 7:30 PM Fr. Brisson Gym
Nightlife 6:00 PM - 7:30 PM DeSales Hall
Jr High CCF 6:15 PM - 7:45 PM School & Counsel Rm

MONDAY FEBRUARY 7

Little Rock Scripture Study 10:00 AM - 11:30 AM Zoom
Rosary Makers 10:00 AM - 12:00 PM St Joseph Ctr-Aviat Rm
Our Lady's Quilters 11:30AM-3PM St Joseph Ctr-Brisson Rm
GS Troop 50198 4:15 PM - 5:45 PM Multi-Media Center
House/CYO BB-Practices 5:30 PM - 8:30 PM Fr. Brisson Gym
CS 976 Tiger Den Mtg. 6:00 - 8:00 PM School-Counsel Rm
Evening Prayer 7:00 PM - 7:45 PM Chapel
Drafts W/DeSales 7:30 PM - 9:00 PM DeSales Hall

TUESDAY FEBRUARY 8

Tuesday Bible Study 9:45 AM - 11:45 AM Zoom
House/CYO BB-Practices 5:30 PM - 8:30 PM Fr. Brisson Gym
CS 976 Arrow Of Light Den Mtg. 6:30 - 8:30 PM Counsel Rm
PTO General Meeting 7:00 PM DeSales Hall
Women's Book Study 7:00 PM - 8:30 PM Zoom
Music Ministry (Hemmingson) 7:30 PM - 9:00 PM Church

WEDNESDAY FEBRUARY 9

House/CYO BB-Practices 5:30 PM - 8:30 PM Fr. Brisson Gym
BS 976 Mtg 7:00 PM - 8:30 PM School-Counsel Rm
Lector Training 7:00 PM - 8:00 PM Chapel
Music Ministry (Jones) 7:00 PM - 8:30 PM Church
RCIA Catechumenate 7:30-9 PM St Joseph Ctr-Brisson Rm
Small Faith Sharing 7:30 PM - 8:00 PM Zoom
Men's Basketball 8:30 PM - 10:00 PM Fr Brisson Gym

THURSDAY FEBRUARY 10

Wildcat Fund Day Of Giving

Seasoned Citizens' Luncheon 12:00 - 2:00 PM DeSales Hall
House/CYO BB-Practices 5:30- 8:30 PM Fr. Brisson Gym
Music Ministry (Hall) 7:00 PM - 9:00 PM Church
Rosary-Persecuted Christians 7:00 PM - 7:45 PM Virtual
Men's Basketball 8:30 PM - 10:00 PM Fr Brisson Gym

FRIDAY FEBRUARY 11

House/CYO BB-Practices 5:30 PM - 8:30 PM Fr. Brisson Gym
Jr. High Event 7:00 PM - 9:00 PM Offsite
Open Mic Night 7:00 PM - 10:00 PM DeSales Hall
Serenate Choir Practice 7:30 PM - 9:30 PM Church

SATURDAY FEBRUARY 12

CYO BB-Games 8:00 AM - 6:00 PM Fr. Brisson Gym
Elem CCF 8:30 AM - 10:00 AM School-Classrooms
Confessions 9:00 AM - 9:30 AM Reconciliation Room
Baptisms 10:00 AM - 11:30 AM Church
Emmaus 10:00 AM - 10:30 AM School-Classrooms
Elem CCF 10:30 AM - 12:00 PM School-Classrooms
Girl Scout Cookie Sales 3:30 PM - 5:30 PM Outside Church
Marriage Anniversary Mass & Reception 4-7PM Church/Hall
RCIA-BOW 4:30 PM - 5:00 PM Cry Room

SUNDAY FEBRUARY 13

Girl Scout Cookie Sales 7:30 AM - 1:30 PM Outside Church
Christ House Food Collection 8:30AM-1PM SJC Parking Lot
Mass (Scout Sunday) 10:00 AM - 11:00 AM Church
Scouts Award Ceremony 11:00 AM - 12:00 PM Chapel
HL BB Games 11:30 AM - 7:30 PM Fr. Brisson Gym
Scouts Reception 12:00 PM - 2:00 PM DeSales Hall
YM Flag Football 1:00 PM - 2:30 PM Field-Lower
Girl Scout Cookie Sales 4:30 PM - 6:30 PM Outside Church
Jr High CCF 6:15 PM - 7:45 PM School & Counsel Rm

Due to the recent spike in COVID cases, OLGC and the Diocese strongly encourage all attendees to wear a mask during this time for the health and safety of all, whether vaccinated or not. We asked this out of Christian concern and charity for all members of the community. All Liturgical Ministers have been asked to wear masks.

If you are sick or not feeling well please refrain from attending Mass or events on campus.

Please visit [Fairfax County Dept of Health website](https://www.fairfaxcounty.gov/health) for information on COVID-19 protocols, vaccines, boosters, and testing.



Masonry Brick Project: The exterior and interior brickwork in the Church is complete. The long joint lines you see in each area, of repair will remain. As they help to shore up the walls. While the work was being accomplished, it was determined that the crucifix should be reinforced. This gave Fr. Matt the opportunity to address the placement of the crucifix. There are 3 essential furnishings in the Church's celebration of the Eucharist: the Altar, the Ambo, and the Presider's Chair. All of these are important, however, the central furnishing in the Sanctuary is the Altar upon which "the Sacrifice of the Cross is made present is sacramental form". It is truly to be the center to which the attention of the faithful naturally turns. The crucifix that hangs in the sanctuary was in front of the Altar, obscuring the centrality of the Altar. It became what our eyes were led to first. As in most churches, the crucifix would ordinarily hang on the wall behind the Altar to maintain the prominence of the Altar. The crucifix has been moved to hang behind the Altar in its rightful place. When looking at the sanctuary now, our eyes will be able to fix on the Altar, from which our thanksgiving is accomplished through the Eucharist. The crucifix was also cleaned. This week work began behind the church to address the drainage problems. See photos on our online SmugMug Gallery <https://olgcviennava.smugmug.com/Parish/Fall-Projects/>.

Parish Updates & Events

DID YOU KNOW? Our bulletin is posted on our website www.olgcva.org/about-us/communications and can be delivered directly to your inbox each week. Please visit this link to sign up for electronic delivery <https://discovermass.com/church/our-lady-of-good-counsel-vienna-va/>, click the Bulletins tab, and the Sign Up Today button.

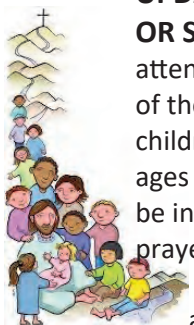


In January, we welcomed our newest members of the OLGC Community through the waters of Baptism.

Charles Zachary Bauer

Benjamin Wade Country

Patrick Dalton Terrell



UPDATE!! Children's Liturgy of the Word: Saturday, February 5th at 4pm Mass

OR Sunday, February 6th at 10am Mass Due to the large number of families attending the Saturday Vigil Mass at 4pm, we are adding an additional Children's Liturgy of the Word each month. Children's Liturgy of the Word affords the opportunity for children to experience the Sunday Scriptures at age-appropriate understanding. Children, ages 3-7, will be dismissed from the assembly and process to the Chapel where they will be invited to actively participate in the proclamation and hearing of the Word through prayer, song, gestures, and sharing of Jesus' message in their lives. Children (and any parents) attending will be required to wear masks and the children will be seated three feet apart. If you are interested in being part of the program please contact Regina Allegra at sisfroggy@verizon.net.



Donut Social: Sunday, February 6th in DeSales Hall after the 8am, 10am & 12noon Masses. The social happens on the 1st Sunday of every month. This is a great opportunity to gather with family & friends. The Knights of Columbus Santa Maria Council organize this with additional parish groups sponsoring and serving at the social. In a spirit of Care for the Common Home (Laudato Si), the Care for Creation Team is requesting that you limit the trash you leave behind and bring your own coffee mug or juice cup to the Donut Social each month. Yes, you can bring an empty, mug into Church with you. You'll limit what goes in the landfill and get to show some personal flair. Get to know your neighbor by their mug, a conversation starter! Girl Scout Cookies will be sold this month.



Bring your own coffee mug to the Donut Social.

One step to help reduce waste.



Evening Prayer

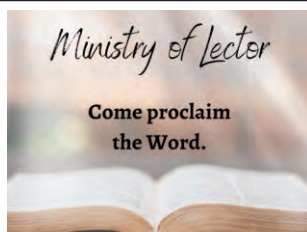
Prayer with and for the Parish

Evening Prayer: Monday, February 7th at 7pm in the Chapel. All are welcome! "When evening approaches and the day is already far spent, evening prayer is celebrated in order that we may give thanks for what has been given us, or what we have done well, during the day." We gather as a parish community on the first Monday of every month to pray Evening Prayer. Evening Prayer happens on the 1st Monday of the month and is composed of Psalms, Scripture, Songs, and Prayers of Intention. No signup is required. Bring a friend.

Young Professionals Drafts with DeSales: Monday, February 7th at 7:30pm in DeSales Hall

All Young Professionals (all those in their 20s or 30s) are welcome to join us this month at 7:30pm for prayer, reflection, and discussion on the Sunday readings or Salesian Spirituality readings. To start receiving Young Professional emails with more information about upcoming events, please email Amy W. de Bernardo at dre@olgcva.org.

Young Professionals Drafts with DeSales



Lector Training: Wed. Feb 9th at 7pm Strengthen your relationship with God, and help others grow in their faith, by proclaiming the Word to the OLGC Community at Mass. You are cordially invited to bring God's living word to life through the Ministry of Lector. Training will be offered on Wednesday, February 9th @ 7:00p in the Chapel. A small gesture that yields profound rewards. Faith comes from what is heard and what is heard comes through the Word of Christ (Romans 10:17). How is God calling you? Please contact Cheryl Jones, cjones@olgcva.org or 703.896.7418 to sign up.

Parish Updates & Events



Together we Soar

DAY OF GIVING
February 10, 2022
THE WILDCAT FUND
Our Lady of Good Counsel Catholic School

Be a part of our journey towards shaping Innovators, Educators, Learners, and Faithful Leaders



During this year's Day of Giving, we invite you to shape the next steps in our journey as we **SOAR** together at Our Lady of Good Counsel Catholic School.

S STRENGTHS - We intend to install an Air Filtration System to improve the resiliency of the school against COVID-19, allergens, and other future contaminants.

O OPPORTUNITIES - We plan infrastructure upgrades throughout the school to enhance safety, accessibility, well-being, and a sense of belonging for our Wildcats, now and into the future.

A ADVANCEMENTS - We aim to redesign the Science Lab to foster a collaborative STREAM environment, which will build upon the success of the Academic Support Center last year.

R RESULTS - We will initiate phase 2 of the flooring renovation by extending it into shared spaces.

Your Investment Helps Us Rise Higher
Thank You For Your Support!
www.olgcschool.org/wildcatfund

Thank you to our lead sponsor
KEARNEY & COMPANY
for generously matching the first \$50,000 raised.

This year's Day of Giving coming up on Thursday, February 10th. Together, We SOAR and invite you to be a part of our journey towards shaping Innovators, Educators, Learners, and Faithful Leaders here at OLGC School. We are so very pleased to announce that **Kearney & Company** is back as our lead sponsor and has generously agreed to match the first \$50,000 raised! Thank you for your support! Visit www.olgcschool.org/support/wildcatfund for further information.



SEASONED CITIZENS LUNCHEON
Thursday, February 10, 2022
at 12noon in DeSales Hall
RSVP by Feb.7th

RSVP online add to bulletin visit www.olgcva.org, click the "View All News" button, or call Dagny at 703-281-5525, or email seasonedcitizens@olgcva.org by Mon. Feb. 7th.



OPEN MIC NIGHT
Friday, February 11th
7 - 10pm
in DeSales Hall
All are welcome!

It's Girl Scout Cookie Time: Feb 12-13th OLGC Girl Scout Troops will be selling cookies at the parish Donut Social on February 6th and outside Church after Masses the weekend of February 12-13. Thin Mints, Samoas, Trefoils, Do-si-Dos, Tagalongs, and Lemon-Ups are \$5.00 per box. Girl Scout S'mores and gluten-free Toffee-tastics are \$6.00 per box. Only cash will be accepted. Your purchase helps to fund our Troops' activities and service projects. Thank you for your support!



Marriage Anniversary Mass
Sat. February 12th at 4pm

Marriage Anniversary Mass: Sat. Feb 12th at 4pm

On Saturday, February 12th at 4pm, the OLGC Community will celebrate Marriage, with our Annual Marriage Anniversary Mass. Married couples are invited to join together at the 4pm Mass, during which couples will be invited to stand and be recognized for their years of marriage and the Blessing of Married Couples will be imparted.

The Arlington
Catholic Herald
Twenty-one counties. Seventy parishes. One faith.

February is the time to subscribe or unsubscribe to the Arlington Catholic Herald. The Herald supports the Church's mission to evangelize by providing news from a Catholic perspective. It informs, inspires, and connects Catholics by sharing the faith story of the Arlington Diocese. You can help defray the cost that OLGC pays for its parishioners by submitting payment up to \$27 to OLGC note Herald in memo field or pay online with Faith Direct: <https://membership.faithdirect.net/givenow/VA875/26614>. To subscribe or cancel, please contact Irene Zaso, communications@olgcva.org, 703.896.7412.

Monthly Outreach Project: Power Pack Drive

Sat. Feb. 19th 8am-12pm & 3:30-5:30pm and Sun. Feb. 20th 8am-12pm

Food for Others supplies Fairfax County Public School children at 30 elementary schools who are part of the Free and Reduced Lunch program, with **Power Packs** to help manage hunger over the weekend. Last year, Food For Others distributed 74,000 power packs. Let's work together to fight hunger and offer these children a meal. Please sign up on the Sign Up Genius to contribute to this effort. We ask that you pay special attention to the sizes and types of food items requested.

Items should be:

- Free of peanuts and/or peanut butter
- Ready to eat or packaged in a microwavable container
- Lunch box sized
- 8oz size for juice and shelf-stable milk
- Individually wrapped

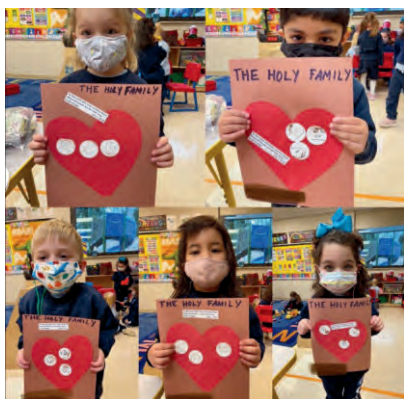


Please see item descriptions on the SignUpGenius and sign up www.signupgenius.com/go/30e044ea8a72ea7fc1-power to donate so we can help Food For Others keep these children fed. School families can drop off their items during morning carpool on Friday, February 18, 7:30-8am. All others can drop off Saturday, February 19 from 8am-12pm and 3:30-5:30pm, and Sunday, February 20 from 8am-12pm in front of DeSales Hall.

If you would like to volunteer to collect and make packs please signup www.signupgenius.com/go/30e044ea8a72ea7fc1-power1.

Questions or concerns? Please contact Tina Wickham at twickham96@gmail.com. Thank you for your support of our Power Pack Event!

OLGC School Preschool-8th grade www.olgcschool.org 703.938.3600



Preschoolers learned about the Holy Family and about Jesus' baptism in our religion lesson this week. They drew the faces of Jesus, Mary, and Joseph and placed them into our hearts. They also continue to practice writing their names as well!



The Fifth grade made beautiful clay landscape plaques.

Youth Ministry Derek Rogers youth@olgcva.org

Check out all events and register to be on the email list at www.olgcva.org/faith-formation/children-youth/youth-ministry. Sunday Nightlife after 5pm Mass in DeSales Hall or other weekend excursions, see calendar and website for details.

High School Workcamp 2022: [Registration for High School Workcamp 2022 is now open!](http://www.olgcva.org/faith-formation/children-youth/youth-ministry/hs-workcamp) We will be serving Scranton, PA on July 3-9th! Students 9-12 grade are invited to join on this week long service trip that many teens say is their favorite memory of the year! [OLGC Workcamp 2021-22 Teen Witness Promotional Video](#), [OLGC Workcamp 2021 Imperial PA Music Video](#) Register online www.olgcva.org/faith-formation/children-youth/youth-ministry/hs-workcamp

Community & Diocesan Updates



You are Invited join the Oblates of St. Francis de Sales on Saturday, March 26, 2022, for the 17th Annual *Live Jesus!* Event at St John Neumann Catholic Community, Reston, VA.

This is a morning of reflection, fellowship, and prayer based upon the humble and gentle spirituality of St. Francis de Sales and St. Jane de Chantal.

"Healing Relationships...Let It Begin with Me," is this year's theme, and invites attendees to reflect on the relationships in their lives. Keynote speaker is Fr. Tom Dailey, OSFS, STL, The John Cardinal Foley Chair of Homiletics & Social Communications and Professor of Theology at Saint Charles Borromeo Seminary in Philadelphia, PA.

Salesian Spirituality helps believers develop a deeper relationship with God and others. Jesus defined a lifestyle centered on the little virtues: gentleness, humility, patience, gratitude, perseverance, and simplicity.

Program runs from 9:00 AM to 12:45 PM. Prior to the program, a continental breakfast is available beginning at 8:00 AM. Don't miss this opportunity during Lent to gather in prayer and fellowship to reflect on God's gifts. Register at www.oblates.org.



Keynote Speaker:
Rev. Thomas F. Dailey, OSFS, STL

Saturday, March 26, 2022
St. John Neumann, Reston, VA



Register at oblates.org



2022 BISHOP'S LENTEN APPEAL (BLA) BEGINS! The 2022 BLA mailing was recently sent to parishioners. The theme this year is "Do this in remembrance of me." After reflecting upon the blessings God has given you, please prayerfully consider a pledge. The BLA funds programs and ministries that serve thousands of people in our diocese. Through the inspiration of the BLA theme, let us remember the tender nature of Christ as together we give of ourselves to others. You can make a gift at: www.arlingtondiocese.org/BLA or scan the QR code.



Información Parroquial en español

Toda preguntas o sugerencias en español comuníquese con Maria Romero, Coordinadora de Bienvenida y/o Enlace con la comunidad de habla hispana, welcome@olgcv.org, 703.896.7419.

• **¡COMIENZA LA PETICIÓN CUARESMA DEL OBISPO DEL 2022!** La correspondencia sobre la Petición Cuaresma Del Obispo del 2022 se envió recientemente a los feligreses. El lema de este año es “Hagan esto en conmemoración mía”. Después de reflexionar sobre las bendiciones que Dios les ha dado, en espíritu de oración piensen en hacer una promesa de contribución. La Petición Cuaresma Del Obispo financia programas y ministerios al servicio de miles de personas en nuestra diócesis. Con la inspiración del lema de la Petición Cuaresma del Obispo, recordemos la tierna naturaleza de Cristo al unirnos para dar algo de nosotros mismos a otras personas. Pueden hacer su ofrenda en la página www.arlingtondiocese.org o escanear el código de respuesta rápida (QR) que aparece a continuación: La Petición Cuaresma se llevara a cabo el fin de semana del 5/6 de marzo, les pedimos por favor vengán preparados para hacer su compromiso y/o donación. Al igual le pedimos que lleven en sus oraciones el éxito de La Campaña Cuaresma Del Obispo.



• **El Rosario: El domingo 13 de febrero el rosario se llevará a cabo en la iglesia a las 11:15 en punto.**

• **Confesiones:** Durante el mes de febrero las confesiones en español serán el sábado 5, y 26 de 9am a 9:30am y de lunes a jueves únicamente con cita. Puede llamar para hacer una cita con el Padre Mateo durante la semana al 703-938-2828 ext. 108. o envíe un correo electrónico a frhillyard@olgcv.org No se escuchan confesiones los domingos en ninguna de las misas ni antes o después de la Misa.

• **Intenciones de misas para el año 2022:** El proceso será el mismo que en los años pasados, debido al limitado número de misas celebradas en nuestra parroquia y la abrumadora solicitud de intenciones para misas, cada persona se limitará a tres intenciones de misas por el año. Sin embargo, hay intenciones de misas ilimitadas celebradas por los sacerdotes oblatos retirados en Childs Maryland en la casa de retiro. Puede presentar su solicitud para las misas en línea <https://www.olgcv.org/liturgy-worship/devotions/mass/olgc>, en las oficinas parroquiales, o en el Centro de Bienvenida. Las misas se otorgarán en el orden que sean recibidas. También puede reservar una de las velas rojas del Santuario al lado de los tabernáculos en la iglesia y la capilla, y la vela azul al lado de la estatua de Ntra. Sra. del Buen Consejo. Igualmente tenemos, El Libro de Intenciones, este se encuentra en la entrada principal de la iglesia.

• **Registración Parroquial:** Animamos a todos los católicos bautizados que viven dentro de los entornos de nuestra parroquia a hacerse miembros registrados de Ntra. Sra. del Buen Consejo. También animamos a las familias a participar activamente en la vida parroquial para nutrir su relación entre Dios y ellos. Los miembros pueden recibir sus sacramentos, carta de elegibilidad de padrinos, inscribirse en nuestra escuela o programas de educación religiosa, ayuda con la matrícula escolar y recibir nuestras comunicaciones parroquiales. Complete el formulario en nuestro sitio web www.olgcv.org/register o comuníquese con Christine Moan al 703.896.7413

• **Formación de Fe/Catequesis:** para adultos, niños y bautizo de niños mayores de 6 años comunicarse con Guadalupe Sáenz ccofficeassist@olgcv.org - 703.896.7415 igualmente comuníquese con ella para inscribir niños de preescolar a octavo grado para la catequesis.

• **Sacramento de matrimonio:** Completar por lo menos 6 meses antes el formulario en el enlace siguiente <https://www.olgcv.org/sacraments/matrimony> o llamar al Sr. Hall 703-896-7111.

• **Sacramento del bautismo:** Para Bautismos de niños menores de 6 años y Charlas de padres y padrinos deben inscribirse de antemano, <https://www.olgcv.org/sacraments/baptism> una vez completada esta y entregado los documentos requeridos le confirmaremos la fecha del bautizo. Igualmente se puede comunicar con María Romero al 703.896.7419 o welcome@olgcv.org.

• **Rezar el Rosario:** Acompañemos en La Capilla / El Jardín de Ntra. Sra. del Buen Consejo, los domingos a las 11:15am y los lunes a las 7:30pm vía Zoom. Comuníquese con Carlos Berrios berrioscg@gmail.com.

• **Recordatorios/COVID-19:** Debido al aumento reciente en los casos de COVID, nuestra parroquia y la Diócesis recomiendan encarecidamente a toda la asamblea usar tapabocas / mascarilla durante este tiempo para la salud y seguridad de todos. Los ministros de la Eucaristía, Monaguillos y Servidores del Altar deben usar mascarillas. Si está enfermo, no se siente bien, o ha estado cerca de alguien que está enfermo, por favor, no asista a misa o eventos en las instalaciones de la iglesia. Les pedimos consideren usar sus mascarillas cuando asistan a misa, incluyendo las personas completamente vacunadas, dado que el número de casos siguen aumentando con la propagación de las distintas variantes. Les recordamos que personas con problemas inmunológicos y los niños menores de 5 años no pueden ser vacunados; se les suplica hagamos lo posible para protegerlos a ellos y a nosotros mismos. Gracias por su colaboración.



SEASONED CITIZENS LUNCHEON

– There's still time for you to make a reservation to attend this luncheon for OLGc seniors at 12 Noon on February 10 in De Sales Hall. The deadline is tomorrow, February 7. RSVP online www.signupgenius.com/go/30e044ea8a72ea7fc1-thursday3 or email Dagny at seasonedcitizens@olgcv.org or call 703-281-5525. Please note that in inclement weather, the event will be canceled and you'll be notified. It's going to be an early Valentine's Day celebration, so be sure to wear something pink or red to add to the festivities. The menu will feature soup, sandwiches, salad, desserts, and beverages, as is usual for February. It tends to be a very unsettled month weather-wise, and there's always the possibility of cancellation. Please bring a book or two or a jigsaw puzzle for the Book Swap Table (nothing else, please), and feel free to take whatever interests you; there's no charge. And Bingo will be back!



NEW FAMILY CAREGIVER WEBINAR SERIES – The Fairfax Area Agency on Aging and the Fairfax Caregiver Seminar Consortium are pleased to announce their 2022 Caregiver Webinar Series. These are designed to support family caregivers of older adults and/or adults with a disability. The first session will be “Our Journey: Lived Experiences of Multicultural Family Caregivers” this Wednesday, February 9, from noon to 1:00 pm. Lily Liu, former AARP historian/activist, will share her lived experience as a family caregiver for her mother, who had Parkinson's Disease and dementia. Her perspective will give caregivers a greater understanding of the unique issues that multicultural, immigrant family caregivers face. Lily's journey highlights the importance of family caregivers seeking information and resources to be empowered as they provide care. All webinars are free and open to family caregivers, older adults, adults with a disability, professionals, and the community at large. All webinars will be recorded, and registrants will receive a link to the recording of the live event. For registration and additional information, contact Giuliana.ValenciaOrdonez@fairfaxcounty.gov or call 703-324-5484.

UPCOMING TRIP – It's not too late to register for the February 16 trip to see President Lincoln's Cottage in Washington, DC. Offered by Vienna Parks and Recreation for mature adults, the fee is \$45 for Vienna town residents; \$56.25 for everyone else. Register online via your Webtrac account or at the Vienna Community Center. Call 703-255-6360 for additional information.

HEALTH AND WELLNESS FALL PREVENTION –

Each year, millions of older people, those 65 and older, fall. In fact, more than one out of four older people fall each year, but less than half tell their doctor. Falls, with or without injury, also carry a heavy quality of life impact. A growing number of older adults fear falling and, as a result, limit their activities and social engagements. This can result in further physical decline, depression, social isolation, and feelings of helplessness.

Many falls don't cause injuries. But one out of five falls do cause a serious injury such as a broken bone or a head injury. These injuries can make it hard for a person to get around, do everyday activities, or live on their own. So, what can you do to prevent falling? First, have your physician or the pharmacist review your medications to make sure they don't make you dizzy or sleepy. Second, have your vision checked once a year. Lastly, do exercises that make your legs stronger and improve your balance. The Shepherd's Center of Northern Virginia offers an Active Aging Program that's run by Tim Sun, an exercise physiologist, focusing on low impact exercises, balance, coordination, and stretching. Check out the details by going to <https://scnova.org>.

ANOTHER SCAM – There it was, filling my computer screen, a red, white and blue sign saying it had a virus and a man's voice telling me my computer was blocked by Microsoft because I'd been hacked, with instructions to call the 800 number that appeared below, which I didn't. And the voice said if I tried to shut down my computer, I'd damage it. This is a sophisticated scam with multiple hackers “helping” you, claiming to be bank representatives and FBI Fraud team members. Be vigilant and trust your gut! Don't click on anything, and do whatever you need to do to shut down your computer. Next week you'll read the first-hand experience of an elderly couple who clicked on the phone number.

BUILDING KNEE STABILITY – Vienna Parks & Recreation is offering this course on February 15 from 10-11 am at the Vienna Community Center. You'll be coached through exercises for four major muscle groups that stabilize the knee. These are simple, low-impact exercises that can be done while sitting in a chair. Plenty of time will be provided for questions. The presenter will be Dr. Charles Masarsky, DC, with Vienna Chiropractic Associates. The class is free for mature adults. For planning purposes, please call 703-255-6360 to say you'll be there. In this way, you can also be notified if the class has been canceled because of inclement weather.

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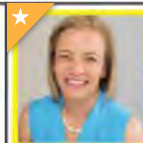


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