

24th Sunday in Ordinary Time

September 11, 2022



OUR LADY of
GOOD COUNSEL
CATHOLIC CHURCH

8601 Wolftrap Road, Vienna, VA 22182-5026

Phone: 703.938.2828 Fax: 703.938.2829

www.olgcva.org ~ www.olgcschool.org

Administered by the Oblates of St. Francis de Sales

Mass Schedule

Mon-Sat - 8:30am, holidays are at 9am

Saturday Vigil 4pm, Sunday 8:00am, 10:00am,

12pm (en español), 5:00pm

Office Hours Mon - Fri 9am - 4:30pm,

Closed 12-12:30pm for lunch

Chapel open for prayer Mon - Fri 9am - 5pm

Livestream www.youtube.com/c/StreamingOLGC

Confessions Saturdays 9:00 or by appt

Join the Parish www.olgcva.org/register

Schedule an Event

www.olgcva.org/about-us/facilities

Add Item to Bulletin/Media

www.olgcva.org/about-us/communications

Mass Intention Request

www.olgcva.org/liturgy-worship/devotions/mass

Pastor Rev. Matthew Hillyard, OSFS..... frhillyard@olgcva.org
Parochial Vicar Rev. Mathias Kumar, OSFS mkumar@olgcva.org
Retired Rev. William Metzger, OSFS..... william.metzger@olgcva.org
Retired Rev. Lewis Fiorelli, OSFS..... lfiorelli@oblates.org
Deacon Christopher Moore cgmoores@olgcva.org
School Principal Robin Williams 703.938.3600 rwilliams@olgcva.org
Liturgy/Music/Funerals 703.896.7411..... liturgy@olgcva.org
Children's Faith Formation Amy MacKinnon 703.896.7426 amackinnon@olgcva.org
Youth Ministry/Young Professionals Derek Rogers 703.896.7409 youth@olgcva.org
Communications/Bulletin Maude Hales 703.896.7412..... communications@olgcva.org
Director of Finance Emilynda Clomera 703.896.7402..... eclomera@olgcva.org
Records/Child Protection Liaison 703.938.2828 welcome@olgcva.org
Advancement/Annual Giving Alison McKee & JoAnne Kinyon..... advancement@olgcva.org
Events Manager Frank Fletcher 703.896.7412..... events@olgcva.org
Reception/Intentions/Ministry of Care Maria Romero 703.896.7419 welcome@olgcva.org
RCIA/Adult Sacraments Barb Steele bms.steele@outlook.com
Información en español Maria Romero 703.896.7419 welcome@olgcva.org
Pastoral Council (Tina Wickham)..... PastoralCouncil@olgcva.org
Finance Council (Regina Stranix) FinanceCouncil@olgcva.org
Society of St. Vincent DePaul (Linea de Ayuda) 703.938.3210..... svdp@olgcva.org
Respect Life /Gabriel Project Betsy Argauer 703.255.3744..... betstim@gmail.com
Knight of Columbus Santa Maria Council #4654 www.knightsvienna.org
Counseling Catholic Charities **Consejería** Caridades Catolica 703.425.0109

Welcome to Our Lady of Good Counsel

We, as members of Our Lady of Good Counsel Parish, strive to witness to the Good News of Jesus Christ by proclaiming our faith, educating ourselves and our children, sharing our persons, resources and gifts in the care and service of one another. We are called to foster an environment of hospitality in accordance with the Spirituality of St. Francis de Sales.

Mass Intentions/Intenciones de la Misa

Presider schedule available at:

bit.ly/PresiderSchedule

Sat./Sun. September 10– September 11, 2022

- + Khoai Vo
- + June Talor
- + Paul & Lynn Kowal
- + Fred Botz
- + Victims of the 2011 Tsunami in Fukushima Japan

Monday, September 12, 2022

8:30am + Ethel Meyer

Tuesday, September 13, 2022

8:30am + Barbara Paquette

Wednesday, September 14, 2022

8:30am Nancy Cody

Thursday, September 15, 2022

8:30am + Dr. Danilo Gutierrez Lee

Friday, September 16, 2022

8:30am + Virginia Van Goethem

Saturday, September 17, 2022

8:30am OLGC

Sat./Sun. September 17– September 18, 2022

- + Saxon – Zdancewicz deceased family
- + Robert M. Rodriguez Jr.
- + Dr. Juan Candamo
- + Marie Alice Sena
- + Maria de la Paz de Villatoro



Wedding Banns

Please pray for Adaiz Santiago-Pabon and Bryan Michael Schendlinger as they prepare for marriage on September 24

Please keep those listed in the prayer intention book and the recently deceased in your prayers, especially

- + Dorothy M. Flood
- + Bridget "Betty" Somerville
- + Josephine "Toddy" L. Scinta
- + John Desmond Dolan
- + Colin Kozloff

Readings for the Week/Lecturas de la Semana

For the Week of September 11, 2022

- Sunday** **Twenty-fourth Sunday in Ordinary Time**
Ex 32:7-11, 13-14; Ps 51:3-4, 12-13, 17, 19;
1 Tm 1:12-17; Lk 15:1-32 or Lk 15:1-10
- Monday** 1 Cor 11:17-26, 33; Ps 40:7-8a, 8b-9, 10, 17;
Lk 7:1-10
- Tuesday** **Memorial of Saint John Chrysostom, Bishop and Doctor of the Church**
1 Cor 12:12-14, 27-31a; Ps 100:1b-2, 3, 4, 5;
Lk 7:11-17
- Wednesday** **Feast of the Exaltation of the Holy Cross**
Nm 21:4b-9; Ps 78:1bc-2, 34-35, 36-37, 38;
Ph 1 2:6-11; Jn 3:13-17
- Thursday** **Memorial of Our Lady of Sorrows**
1 Cor 15:1-11; Ps 118:1b-2, 16ab-17, 28;
Lk 2:33-35
- Friday** **Memorial of Saints Cornelius, Pope, and Cyprian, Bishop, Martyrs**
1 Cor 15:12-20; Ps; 17:1bcd, 6-7, 8b & 15;
Lk 8:1-3
- Saturday** **Memorial of Saint Hildegard of Bingen, Virgin and Doctor of the Church**
1 Cor 15:35-37, 42-49; Ps; 56:10c-12, 13-14;
Lk 8:4-15
- Sunday** **Twenty-fifth Sunday in Ordinary Time**
Am 8:4-7; Ps 113:1-2, 4-6, 7-8; 1 Tm 2:1-8; Lk 16:1-13 or Lk 16:10-13



OLGC Funerals: www.olgcva.org/liturgy-worship/funerals

Devotional Candles: www.olgcva.org/liturgy-worship/

- Church In Celebration of Vicente Briones
Chapel In Loving Memory of + Dorothy Flood
Our lady In Loving Memory of + Bridget "Betty" Somerville

August-September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14	15	16	17
Christ House Food Collection 9:30 AM - 1 PM Parking Lot-St Joseph Center Jr High CCF 6:15 - 7:45 PM School	Lamb Center Breakfast 6:45 - 7 AM Parking Lot-Bell Tower Little Rock Scripture Study 10 - 11:30 AM Zoom Rosary Makers 10 AM - 12 PM SJC-Aviat Rm Quilters 11:30 AM - 3 PM Mary's Garden & SJC-Brisson Rm CYO Track Practice 3 PM - 4:15 PM Parking Lot & Upper Field GS Troop 50198 3 - 5 PM SJC-Brisson Rm Ministry Gathering 7 - 8:30 PM Church & DeSales Hall	Bishop O'Connell HS Visit--8th Grade 8:30 - 9:30 AM Counsel Room Tuesday Bible Study 9:30 - 11:45 AM DeSales Hall Music Ministry (Hemmingson) 7 - 8:30 PM Church	School Mass (Hosted by Room 14) 8:30 - 9:30 AM Church Staff Meeting & Lunch 11 AM - 1 PM DeSales Hall BSA Troop 976 Mtg 7 - 8:30 PM Counsel Rm Music Ministry (Jones) 7 - 8:30 PM Church RCIA Catechumenate 7:30 - 9 PM SJC-Brisson Rm Small Faith Group 7:30 - 8:30 PM Zoom Men's Basketball 8:30 - 10 PM Fr. Brisson Gym	Prayer Shawl Ministry 9:30 - 11 AM SJC-Brisson Rm CS Pack 976 Bear Den Mtg 6 - 8: PM Counsel Rm Music Ministry (Choir) 7 - 8:30 PM Church Men's Basketball 8:30 - 10 PM Fr. Brisson Gym	Last Day to Order Hot Lunch Student Council Elections Lamb Center Lunch 10 - 10:15 AM Parking Lot-Bell Tower Wedding Rehearsal: Jarvis/Fogg 6 - 7 PM Church	Elementary CCF 8:30 - 10 AM School Confessions 9 - 9:30 AM Reconciliation Room Baptisms 10 - 11 AM Chapel Emmaus 10 - 10:30 AM School Elementary CCF & RCIC 10:30 AM - 12 PM School Wedding: Jarvis/Fogg 1:30 - 3 PM Church Outreach Drive: CHO 3:30 - 5:30 PM Bell Tower Circle & DeSales Hall RCIA Breaking Open the Word 4:30 - 5 PM Chapel & Cry Room

Welcome Paul Ciotti

Dr. Paul Ciotti joins OLGC pastoral staff coming from the Archdiocese of Boston after his ministry of 29 years. In his spare time, he enjoys taking Theology classes, exploring museums, traveling on brand new cruise ships crossing the Atlantic Ocean, riding his Honda VTX motorcycle and his 33 years of chow chows. He is looking forward to meeting parishioners and discovering the Nation's Capital.



July Monthly Collections

Fiscal Year July 2021—June 2022

Offertory181,936

Total Budgeted.....163,272

Variance18,664

YTD Received181,936

Budget YTD163,272

Variance18,664

Weekly & Second Collections

Checks or cash via envelopes, text amount to 703.810.7674, use the QR code above, or give online at membership.faithdirect.net/VA875. Thank you.

Monthly Outreach Project: Grocery/gift cards for CHO Christmas Store

Saturday, September 17th & Sunday September 18th after all the Masses

Help brighten a family's holiday by donating grocery gift cards to CHO

CHO (Committee for Helping Others), a local interfaith nonprofit that provides food, clothing and emergency funds to neighbors in need, has organized a Christmas Store for more 50 years to bring holiday food and gifts to 150-240 families (700-800 individuals). These gifts include grocery store gift cards, and OLGC has been a generous contributor in the past.

Your gift in September means a brighter December for a family in need!

This month we will be collecting:

- Gift cards to major grocery stores: Walmart is preferred by our clients, but we also distribute Giant, Target and Safeway cards.
- Cash or checks payable to CHO.

Before and after Mass: Saturday, September 17, 3:30 pm-5 pm Sunday, September 18, 7:30 am-1 pm and 4:30 pm-6 pm

Sign up at bit.ly/ChristmasGroceryCards2022 to indicate your donation or to volunteer to collect that weekend. Donations can be dropped off at the Bell Tower Circle or outside the church before at the times indicated. If you have questions, please contact Anne Moran Hamisevicz at amoranelm@gmail.com.



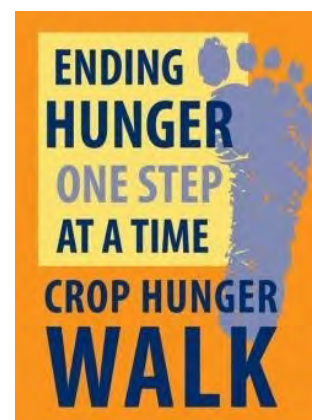
2022 CROP Vienna Hunger Walk—October 2nd

OLGC Parish is once again sponsoring a team for the 2022 Vienna CROP Hunger Walk, the community-based fundraising event held in cities and towns across the U.S., created to support the global mission of Church World Service. Hunger is one of the greatest injustices facing our world and affects many in our local and larger community.

Twenty-five percent of the funds from the Vienna walk goes directly to CHO, a Vienna-based nonprofit that provides emergency funds as well as food, clothing and used furniture to local families.

Sign up now to join the OLGC team and invite friends and family to sponsor you as you walk on October 2nd. Or, if walking isn't your thing, sponsor another walker or just donate directly online.

You may register, donate, and/or sign up to join the walk here: bit.ly/OLGC-CROP2022. For more information please contact Rachel McCarthy rachelmccarthy2003@gmail.com or Anne Moran amoranelm@gmail.com.



For Students and Families

Paul VI High School Invites All Middle School Families

St. Paul VI Catholic High School in Chantilly, VA, invites all Middle School families to a few events to learn more about the school and the enrollment process. Coffee and Conversation is a time when middle school parents are invited to the beautiful campus for coffee and a brief presentation. Tour & Explore PVI is when 8th grade families can take a tour led by current students and can also meet with our Admissions team to ask any questions about our school and the enrollment process. Middle schoolers and their families are invited to Middle School Night on Friday, September 23, 2022, to join us for free food, fun, prizes, and free entrance to the football game. Rally in the Alley starts at 6 p.m., with the game starting at 7 p.m. Please visit www.paulvi.net/futurepanthers for more details and to register. If you have any questions, please email admissions@paulvi.net.



Dining for Dollars!

Eat Out and Support the School September 21st!

We are excited to announce our FIRST Dining for Dollars of the year with a partnership with The Sandwich Shop. Grab a quick lunch while you are working from home and then grab sandwiches to eat for dinner on a busy sports practice night. On Wednesday, September 21st, 20% of our sales will come back to OLGC. The Sandwich Shop is located at 132 Church St. NW, Vienna, 22180.

They are open for lunch and dinner from 11 a.m. to 7 p.m.

Be sure to mention OLGC when placing your order. ALL sales from lunch/dinner, carry out, dine-in, and Doordash will be honored!



Join Girl Scouts!

Calling All Girls from Kindergarten through 8th Grade!



Girl Scouting builds girls of courage, confidence, and character, who make the world a better place. Our program has something for everyone from high adventure activities to STEM skills, from business skills to creative arts.

If you are interested in learning more about our Troops, please complete the short interest form at this link: bit.ly/GirlScouts50-04.

Order Mabel's Labels!

Don't Lose All of That New School Gear

A new school year means new backpacks, lunchboxes, water bottles and uniforms. Get those items labeled so they return home! Mabel's Labels are high-quality labels that are laundry, dishwasher, and microwave safe. Great for school gear, but also great for sporting equipment or gym workout gear. You can keep track of your stuff and support OLGC. The PTO will receive a portion of all profits when you purchase ANY types of labels from the website.

Happy labeling!
mabelslabels.com



VIRTUE OF THE MONTH

HOPE

Every month OLGC students are introduced to a virtue. The virtue for the month of September is hope. Hope is defined as trusting in God's loving plan.

Parish Announcements

Monday Morning Little Rock Scripture Study

The book of Revelation has fascinated believers for centuries. Break open this ancient text with Little Rock Scripture Study's *Revelation* and discover its relevance for us today. To sign up or for more information, please contact Mike Plett Mike.plett1@gmail.com.

**Mondays, beginning September 12,
10:00 am to 11:30 am on Zoom**

Materials: *Revelation* by Catherine Anne Cory Commentary, study questions, and access to online lectures are included. Please purchase a copy (\$16.95 plus shipping and tax) from Amazon or Liturgical Press—see the [website](#) for links.

Small Faith Sharing Group:

Wednesday Evenings via Zoom

Looking for more prayer in your life? Or a group to explore your faith with? OLGC parishioner John Heard hosts a small faith-sharing prayer group on **Wednesdays at 7:30 PM via Zoom**. Wednesday evenings consist of getting to know each other, praying together with Evening Prayer, Scripture, shared intentions, etc. Having a small community to pray with can be a powerful and beautiful experience! Wherever you are on your faith journey or whatever your prayer experience, you are welcome to join. If you have questions or would like to join, contact John Heard at olgcds@gmail.com.



FR. MATT'S MUSING:

Difficult

My dad died on March 12, 2002. My mom died on January 11, 2014. I miss them both. I always share many things about them and how they have helped me be the person I am, but I always say that they died. Others have asked why I say that instead of that they passed away or went to God. It is a stark statement, but it is important for me to vocalize the reality that they are not coming back in this life.

Read more at bit.ly/FrMattsMusing-Sep1

Sacramental Preparation for Adults

Were you baptized Catholic and in need of the sacraments of Eucharist, Reconciliation, Confirmation, and/or Marriage? Maybe you are unbaptized or baptized in another Christian tradition and have been coming to Mass for a while now? Perhaps you would just like to know more about the Catholic Church? If you would like to explore preparation for the sacraments in the Catholic Church through RCIA, inquire today!

Contact Barb Steele at bms.steele@outlook.com or 703.405.2776.

Yearly Subscription of *The Word Among Us* (WAU)

The Word Among Us assists people in reading, meditating on and understanding scripture and to provide sound, practical advice for Catholics on the living out of the Christian life.

It includes daily meditations based on the Mass readings of the Catholic Church, inspirational essays, testimonies, and stories of the saints and other Christian heroes! Subscribe for the year Oct. 2022 - Sept. 2023. It is also available in Spanish. The group subscription rate is \$22 per yearly subscription. Please make your check payable to OLGC and on the memo indicate WAU/Liturgy. Please complete the form below, bring it or mail it with your payment to the office.



This year we will not be ordering copies of *The Word Among Us* to mail to parishioners. We ask that if you would like a mailed subscription, please order it directly from WAU. You may visit their website at <https://wau.org/renew/>, or you may call them at 1-800-775-WORD (9673). If you have any questions contact Maria Romero, welcome@olgcv.org, 703.896.7419.

Subscribe to *The Word Among Us*

First Name _____ Last Name _____

Phone _____ Email _____

Please specify how many copies you would like: English Copies # _____ Spanish Copies # _____

The group subscription rate is \$22.00 per book per year from Oct. 2022 to Sept. 2023.

Please make your check payable to OLGC and on the memo indicate WAU / Liturgy

Información Parroquial en español

Preguntas o sugerencias, ofrecer misas, pedir oración durante la misa por recién fallecidos, funerals, comuníquese con Maria Romero 703.896.7419, mromero@olgcv.org

Registración Parroquial: Animamos a todos los católicos bautizados que viven dentro de los entornos de nuestra parroquia a hacerse miembros registrados de Ntra. Sra. del Buen Consejo. También animamos a las familias a participar activamente en la vida parroquial para nutrir su relación entre Dios y ellos. Los miembros pueden recibir sus sacramentos, carta de elegibilidad de padrinos, inscribirse en nuestra escuela o programas de educación religiosa, ayuda con la matrícula escolar y recibir nuestras comunicaciones parroquiales. Complete el formulario en nuestro sitio web www.olgcv.org/register.

Próximos Eventos: Compartir de donas, todo primer domingo del mes después de la misa, aquí podrá conocer otros feligreses, distintos líderes de nuestra comunidad y personal de la parroquia.

Confesiones en español durante el mes de septiembre son el sábado 24 de 9: -9: 30 a.m. o de lunes a jueves únicamente con cita. Puede llamar para hacer una cita con el Padre Mateo al 703-938-2828 o envíe un correo electrónico a frhillyard@olgcv.org. No se escuchan confesiones los domingos antes o después de la misa.

Catequesis: para niños, adultos y bautizó de niños mayores de 6 años, sacramento de la confirmación y comunión Comuníquese con Guadalupe Saenz gsaenz@olgcv.org o 703-896-7415.

Sacramento de matrimonio: comuníquese por lo menos 6 meses antes de la fecha del matrimonio.

Sacramento del bautismo de niños menores de 6 años:

Comuníquese con Maria Romero 703.896.7419 welcome@olgcv.org **Sacramento del bautismo:** para Charlas de padres y padrinos deben inscribirse de antemano, una vez completada esta y entregado los documentos requeridos le confirmaremos su fecha del bautizo. <https://www.olgcv.org/sacraments/baptism>

Ofrecer misas, pedir oración durante la misa por **recién fallecidos**, funerals, certificados sacramentales. El sacramento de La unción de los enfermos puede ser recibido por los ancianos, por quienes serán ingresados al hospital o por quienes están enfermos llame al 703-896-7419.

Rezar el Rosario: Acompañemos en La Capilla/El Jardín de Ntra. Sra. del Buen Consejo, los domingos a las 11:15am y los lunes a las 7:30pm vía Zoom. Comuníquese con Carlos Berrios berrioscg@gmail.com.

Intenciones de misas: El proceso será el mismo que en los años pasados, debido al limitado número de misas celebradas en nuestra parroquia y la abrumadora solicitud de intenciones para misas, cada persona se limitará a tres intenciones de misas por el año. Sin embargo, hay intenciones de misas ilimitadas celebradas por los sacerdotes oblatos retirados en Childs Maryland en la casa de retiro. Puede presentar su solicitud para las misas en línea <https://www.olgcv.org/liturgyworship/devotions/mass/olgc>, en las oficinas parroquiales, o en el Centro de Bienvenida. Las misas se otorgarán en el orden que sean recibidas. También puede reservar una de las velas rojas del Santuario al lado de los tabernáculos en la iglesia y la capilla, y la vela azul al lado de la estatua de Ntra. Sra. del Buen Consejo. Igualmente tenemos, El Libro de Intenciones, este se encuentra en la entrada principal de la iglesia.

Libro de Intenciones: El libro de intenciones se encuentra en la entrada principal de la iglesia. El propósito de este libro es para pedir por nuestras intenciones personales, por los enfermos, por los que están vivos o fallecidos.

"La oportunidad de hacer grandes cosas no llega a menudo, pero en todo momento, podemos hacer pequeños actos con gran amor. "- San Francisco de Sales: Como seguidores de Cristo, somos llamados por medio de nuestro Bautismo a servir a nuestros hermanos en nuestra parroquia, comunidad, país y el mundo entero. Es nuestra esperanza que todos los feligreses tengan la oportunidad de descubrir y desarrollar sus dones dados por Dios. Si desea participar como Sacristán, Ministro Extraordinario de La Sagrada Comunión, Lector, Portero/Ujier, Ministerio de La Bienvenida o Monaguillo por favor pase por el mostrador de Bienvenida o llame al 703-896-7419.

Preparación Sacramental para Adultos /

[RICA Rito de Iniciación Cristiana:](#)

¿Fuiste bautizado católico y necesitabas los sacramentos de la Eucaristía, la Reconciliación, la Confirmación y/o el Matrimonio? ¿Quizás no está bautizado o está bautizado en otra tradición cristiana y ha estado viniendo a misa por un tiempo? ¿Quizás le gustaría saber más sobre la Iglesia Católica? Si desea explorar la preparación para los sacramentos en la Iglesia Católica a través de RICA Rito de Iniciación Cristiana, comunicarse con Arturo Matus al 202.569.1615 arturomatus@ymail.com.

Community & Diocesan Events

Why Catholics Should Care for Our Common Home

Pope Francis called on Catholics to embrace the urgent challenge to protect the whole human family and all of creation in the encyclical *Laudato Si'*: On Care for Our Common Home. The Diocese of Arlington Peace and Justice Commission will address how to do so at a **special Mass and conference Saturday, September 17**, at the Church of the Nativity, Burke, "Why should I Care for Our Common Home? Conversion, Prayer, and Action." The event will launch the Diocese's seven-year effort to teach and implement Pope Francis' encyclical *Laudato Si'*: On Care for Our Common Home.

Bishop Michael F. Burbidge will celebrate 5 p.m. Mass, followed by dinner, then a 6:45 p.m. keynote address by Dan Misleh, founder of the Catholic Climate Covenant. A panel of Catholic community leaders will discuss how to implement the encyclical on the integral ecology of God's creation in families, schools, and communities. Register to attend or watch the livestream: <https://www.arlingtondiocese.org/wsicc22/>



M4YA—Mass and Reception for Young Adults

All Young Adults (ages 18-35) are invited to join Bishop Burbidge for the 15th Annual Diocesan Mass & Reception for Young Adults at 5:00 p.m. on Saturday, September 24th at our Mother Church—the Cathedral of St. Thomas More. Following the Mass there will be complimentary beer, wine, and delicious appetizers with live music and dancing to close the night! Whether you are single, married, or have children — all are welcome to join us! Complimentary childcare will be provided if you register your children in advance. See our Facebook event or contact yam@arlingtondiocese.org for more info.



Catholic Professional Musicians Recital

Friday, September 23, 2022 7 - 8 .m.
All Saints Catholic Church, Parish Activity Center
9300 Stonewall Rd., Manassas, VA 20110

Enjoy an evening of exceptional and beautiful music provided by local Catholic professional musicians serving in our nation's top military ensembles. Hear a variety of instruments, styles, and musical works as we continue to celebrate our Diocesan Jubilee.

Refreshments provided.
The event is free to all.



Healing retreat from the wounds caused by divorce

Thursday, September 15, 4:30 - 9:30 p.m.

This retreat will focus on the beauty and power in our God-given identity, inner healing, forgiveness, and drawing closer to God through surrender and trust. All are welcome, especially those who desire an encounter with the healing power of Christ. If you have been affected by a divorce, broken trust, abuse, deficiency of love, or have wounds that are affecting your identity or self worth, you are welcome. Also, those who have been married and divorced/annulled; their children, family, friends, and anyone touched by divorce is welcome.

Visit www.arlingtondiocese.org/family-life/healing-retreat-from-the-wounds-caused-by-divorce/ to learn more.



Seasoned Citizens' Luncheon

Please note that the date for the first luncheon of the 2022-23 season has been changed from September 15 to September 22. Doors to De Sales Hall open at Noon. For many years, with the enthusiastic support of our pastors, this luncheon has been held to show appreciation for the senior members of our parish. If you haven't attended, or are new to the church, please come and enjoy the warm hospitality OLGCV is noted for! There is no charge, but reservations are necessary for planning purposes. E-mail Dagny at seasonedcitizens@olgcv.org or call her, 703-281-5525.



The Book Swap Table will be open. If you're donating books, please limit the number to two or three. This enables the leftovers to be disposed of more easily. Complete jigsaw puzzles are also appreciated.

LET'S CELEBRATE! – Today is National Grandparents Day! I wasn't aware of this until recently, but I'm sure Hallmark has designed a card to mark the occasion. President Jimmy Carter signed it into law in 1978 and each year the President is requested to issue a proclamation to designate the first Sunday in September after Labor Day as National Grandparents Day, and to call on individuals, groups and organizations to observe the day with appropriate ceremonies and activities. It's considered to be an observance rather than a public holiday in the United States.

BREAKFAST BUFFET – Make plans to attend the all-you-care-to-eat breakfast buffet next Sunday, September 18 at the American Legion Hall, 330 Center St. N. in Vienna. They'll be serving from 8 am to noon from an extensive menu which features five-star selections such as the famous blueberry pancakes and delicious homemade sausage gravy with biscuits. Adults pay \$12, children under 12 are \$5. The hall is conveniently located, and there's plenty of free parking. For parties of 8 or more, please call 703-409-3564 for a reservation.

NOT DRIVING ANYMORE? – Consider Fairfax Connector! Customers who are 65 years and older automatically qualify for reduced fares when using a Senior SmarTrip* card or by showing a valid government-issued photo ID with proof of age when paying cash. Senior SmarTrip* cards can be purchased at any Connector Store for \$2 with proof of age and a completed registration form. Customers under 65 and receiving Medicare are eligible for a Reduced Fare SmarTrip* photo ID card. To learn about fares and policies for seniors and persons with disabilities and other details, visit <https://www.FairfaxCounty.gov/connector> or call 703-339-7200, TTY 711.

FAIRFAX COUNTY HUMAN SERVICES TRANSPORTATION OPTIONS – Transportation assistance, described below, is available for older adults, low-income individuals, individuals with disabilities and individuals accessing Fairfax County Human Services. Call 703-222-9764 or visit FairfaxCounty.gov/NCS for more information.

FASTRAN offers specialized transportation services for residents of Fairfax County and the Cities of Fairfax and Falls Church participating in human services agency programs including Critical Medical Care, Adult Day Health Care, Senior Centers and more.

Transportation Options, Programs & Services (TOPS) provides subsidized transportation funds on an easy-to-use debit card for eligible older adults, persons with disabilities, and those with limited income who reside in the areas mentioned above.

The Washington Metropolitan Area Transit Authority (WMATA) also assists people under the age of 65 with qualifying disabilities who possess a Reduced Fare SmarTrip* Photo ID Card. They may ride for half the peak fare on Metrobus, Metrorail, and other participating transit agencies. Discounted fares for passengers age 65 and older are available with a SmarTrip* card, in both plastic and digital versions. For more information, visit <https://www.wmata.com/fares> or call 888-762-7874 Monday-Friday, 7 am—8 pm.

YOUR RESILIENT BRAIN AND YOU – Recent technology and research have proven that we've misunderstood the human brain and the role it plays in who we are, what we can do, and who we can be. That misunderstanding has caused us to take our brain for granted, ignoring its needs and that has led to a population whose brains get less and less healthy and function less effectively with age. You can prevent the declining health and functioning of your brain, and because your brain is resilient, it can be brought back to good health and tip-top functioning shape. Come to the Vienna Community Center (VCC) on Monday, September 19 for a free in-person video course from 10-11:30 am. It will be presented by Norton S. Beckerman, author of *"A User's Guide to a Healthy Brain."* He's also a guest speaker on TEDx and *"Brain Health Coach"* on cable TV. Call the VCC, 703-255-6360 to let them know you'll be there, for planning purposes.

Elder Wisdom

"The perfect age is somewhere between 'old enough to know better' and 'too young to care.'"

—Anon.