



# Repent Renuncien

LENT WEEK 3  
"Repent, for the kingdom  
of heaven is at hand."  
Matthew 4:17

3ra SEMANA DE CUARSMA  
Renuncien a su mal camino, porque el  
Reino de los Cielos está ahora cerca.  
Mateo 4, 17 **March 20, 2022**



OUR LADY of  
GOOD COUNSEL  
CATHOLIC CHURCH

8601 Wolftrap Road, Vienna, VA 22182-5026

Phone: 703.938.2828 Fax: 703.938.2829

[www.olgcva.org](http://www.olgcva.org) ~ [www.olgcschool.org](http://www.olgcschool.org)

*Administered by the Oblates of St. Francis de Sales*

## Mass Schedule

Mon-Sat - 8:30am, holidays are at 9am

Saturday Vigil 4pm

Sunday 8:00am, 10:00am,

12pm (en español), 5:00pm

**Office Hours** Mon - Fri 9am - 4:30pm,  
closed 12-12:30pm for lunch

**Chapel open for prayer** Mon - Fri 9am - 5pm

**Confessions** Saturdays 9-9:30am or by appt

**Join the Parish** [www.olgcva.org/register](http://www.olgcva.org/register)

**Schedule an Event**

[www.olgcva.org/about-us/facilities](http://www.olgcva.org/about-us/facilities)

**Add Item to Bulletin/Media**

[www.olgcva.org/about-us/communications](http://www.olgcva.org/about-us/communications)

**Mass Intention Request**

[www.olgcva.org/liturgy-worship/devotions/mass](http://www.olgcva.org/liturgy-worship/devotions/mass)

**Pastor** Rev. Matthew Hillyard, OSFS.....frhillyard@olgcva.org

**Parochial Vicar** Rev. Mathias Kumar, OSFS.....mkumar@olgcva.org

**Retired** Rev. William Metzger, OSFS.....william.metzger@olgcva.org

**Deacon** Christopher Moore.....cgmoore@olgcva.org

**School Principal** Adrienne Jewett 703.938.3600.....ajewett@olgcschool.org

**Liturgy/Music/Funerals** Gerard Hall 703.896.7411.....liturgy@olgcva.org

**Faith Formation/Young Adults** Amy W. de Bernardo 703.896.7414.....dre@olgcva.org

**Children's Faith Formation** Amy MacKinnon 703.896.7426.....amackinnon@olgcva.org

**Youth Ministry** Derek Rogers 703.896.7409.....youth@olgcva.org

**Communications/Bulletin** Irene Zaso 703.896.7412.....communications@olgcva.org

**Director of Finance** temporarily contact Irma Senseng.....isenseng@olgcva.org

**Records/Child Protection Liaison** Christine Moan 703.896.7413.....cmoan@olgcva.org

**Advancement/Annual Giving** Alison McKee & JoAnne Kinyon...advancement@olgcva.org

**Events Manager** temporarily contact the parish office .....events@olgcva.org

**Reception/Intentions/Ministry of Care/Maria Romero** 703.896.7419...welcome@olgcva.org

**Información en español** Maria Romero 703.896.7419...welcome@olgcva.org

**Pastoral Council** (Tina Wickham).....PastoralCouncil@olgcva.org

**Finance Council** (Regina Stranix).....FinanceCouncil@olgcva.org

**Society of St. Vincent DePaul** (Linea de Ayuda) 703.938.3210.....svdp@olgcva.org

**Respect Life /Gabriel Project** Betsy Argauer 703.255.3744.....betstim@gmail.com

**Knight of Columbus Santa Maria Council #4654**.....www.knightsvienna.org

**Counseling** Catholic Charities **Consejería** Caridades Catolica.....703.425.0109

*Moving Forward Together in the Service of God - Avanzando Juntos en el Servicio de Dios*

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# Welcome to Our Lady of Good Counsel

We, as members of Our Lady of Good Counsel Parish, strive to witness to the Good News of Jesus Christ by proclaiming our faith, educating ourselves and our children, sharing our persons, resources and gifts in the care and service of one another. We are called to foster an environment of hospitality in accordance with the Spirituality of St. Francis de Sales.

## Mass Intentions/Intenciones de la Misa

**Sat. / Sun. March 19/20, 2022 - Presiders Fr Metzger, Fr Extejt, Fr Kumar, Fr Hillyard, Fr Hillyard**

+ Kirby Gates  
+ Peter Gillard  
+ Anthony Jung  
+ Peter Komarinski  
+ John Scaion

**Monday, March 21, 2022 - Presider Fr Hillyard**

8:30am + Mark A. Manalo  
12:10pm + Deceased Jauharian Family members

**Tuesday, March 22, 2022 - Presider Fr Hillyard**

8:30am + George Robert Lamb  
12:10pm The OLCG Community

**Wednesday, March 23, 2022 - Presider Fr Kumar**

8:30am + Dorothy Owens  
12:10pm + Marie Elaine Moan

**Thursday, March 24, 2022 - Presider Fr Hillyard**

8:30am + David A. Roby Jr.  
12:10pm + Philip "Joe" Gadell

**Friday, March 25, 2022 - Presider Fr Kumar**

8:30am + Nassif Cannon  
12:10pm + Joseph Picone

**Saturday, March 26, 2022 - Presider Fr Hillyard**

8:30am The OLCG Clergy and Staff

**Sat. / Sun. March 26/27, 2022 - Presiders Fr Hillyard, Fr Extejt, Fr Hillyard, Fr Kazadi, Fr Kumar**

+ Juana Sanchez Valladares  
+ Mary & Tom Kennedy  
+ Rodrick L. Stephens  
+ Noah Clemente Crespo  
Maria Elizabeth Romero

**Please keep those listed in the prayer intention book and the recently deceased in your prayers including** +Richard Ballard, brother of James "Jim" Ballard, uncle of Patrick Ballard and Jennifer Ballard and brother-in-law of Anna Mary Warden.

**Devotional Candles:** [www.olgcva.org/liturgy-worship/](http://www.olgcva.org/liturgy-worship/).

Church - For peace in the world

Chapel - For the safety of all refugees

Our Lady - For the healing of all who suffer

**OLGC Funerals:** [www.olgcva.org/liturgy-worship/funerals](http://www.olgcva.org/liturgy-worship/funerals).

**Mass Intentions, Candles & Weekly Prayer of Faithful are all available online at** [www.olgcva.org/liturgy-worship](http://www.olgcva.org/liturgy-worship).

## Readings for the Week/Lecturas de la Semana

**Reading for the week of March 20, 2022**

**Sunday Third Sunday of Lent**

Ex 3:1-8a, 13-15; Ps 103: 1-2, 3-4, 6-7, 8,11;  
1 Cor 10:1-6, 10-12; Lk 13:1-9

**Monday**

2 Kgs 5:1-15ab; Ps 42:2, 3; 43:3, 4;  
Lk 4:24-30

**Tuesday**

Dn 3:25, 34-43; Ps 25:4-5ab, 6 & 7bc, 8-9;  
Mt 18:21-35

**Wednesday**

**Memorial of Saint Toribio de Mogrovejo**  
Dt 4:1, 5-9; Ps 147:12-13, 15-16, 19-20;  
Mt 5:17-19

**Thursday**

Jer 7:23-28; Ps 95:1-2, 6-7, 8-9; Lk 11:14-23

**Friday**

**Solemnity of the Annunciation of the Lord**  
Is 7:10-14; 8:10; Ps 40:7-8a, 8b-9, 10, 11;  
Heb 10:4-10; Lk 1:26-38

**Saturday -14**

Hos 6:1-6; Ps 51:3-4, 18-19, 20-21ab; Lk 18:9

**Sunday**

**Fourth Sunday of Lent**

Jos 5:9a, 10-12; Ps 34:2-3, 4-5,6-7; 2 Cor  
5:17-21; Lk 15:1-3,11-32

### Wedding Banns

None at this time

**Weekly & Second Collections** drop off in boxes in Narthex, parish office, mail, use QR Code or give online via Faith Direct [membership.faithdirect.net/VA875](http://membership.faithdirect.net/VA875) or Text \$ amount to **703.810.7674**. Thank you for your support.

Mar 02, 2022 [Eastern Europe](#)

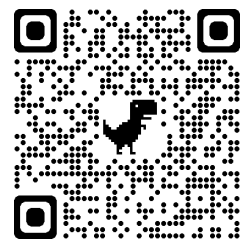
Mar 06, 2022 [Black & Indian Missions](#)

Mar 20, 2022 [Easter Flowers](#)

Mar 27, 2022 [Catholic Relief Services](#)

Apr 03, 2022 [Oblates Annual Appeal](#)

January Monthly Collections	
Fiscal Year July 2021—June 2022	
Offertory	182,363.14
Total Budgeted	170,616.00
Variance	11,747.14
YTD Received	1,584,219.55
Budget YTD	1,567,890.00
Variance	16,329.55



Scan QR Code to  
donate online

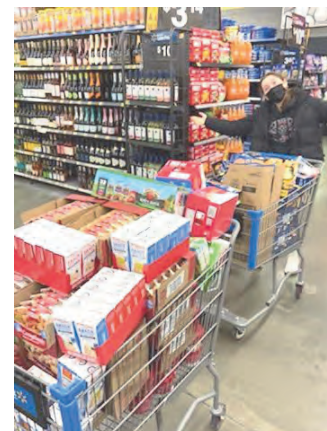
**Quote of the week:** "Make yourself familiar with the angels and behold them frequently in spirit; for without being seen, they are present with you." - St. Francis de Sales

**Cita de la semana:** "Hazte familiar con los ángeles y míralos frecuentemente en espíritu, porque sin haberlos sido vistos, están presentes contigo". - San Francisco de Sales.

# Calendar (Subject to change, see website for up to date schedule [www.olgcva.org/about-us/calendar](http://www.olgcva.org/about-us/calendar))

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20	21	22	23	24	25	26
<b><u>Outreach Giving (KOVAR)</u></b> ☉ 7:30 AM - 1:30 PM ♀ Outside: Bell Tower & Admin Bldg	<b><u>Little Rock Scripture Study</u></b> ☉ 10:00 AM - 11:30 AM ♀ Zoom	<b><u>Tuesday Bible Study</u></b> ☉ 9:45 AM - 11:45 AM ♀ Zoom	<b><u>School Mass (Rm 7 Host)</u></b> ☉ 8:30 AM - 9:30 AM ♀ Church	<b><u>Prayer Shawl Ministry</u></b> ☉ 9:30 AM - 11:00 AM ♀ St Joseph Ctr-Brissan Rm	<b><u>GS Troop 50118</u></b> ☉ 3:30 PM - 4:30 PM ♀ Multi-Media Center	<b><u>Live Jesus!</u></b> ☉ 8:00 AM - 12:45 PM ♀ St John Neumann Catholic Community Reston, VA
<b><u>Mass (Anointing of the Sick)</u></b> ☉ 8:00 AM - 9:00 AM ♀ Church	<b><u>Our Lady's Quilters</u></b> ☉ 11:30 AM - 3:00 PM ♀ St Joseph Ctr-Brissan Rm	<b><u>Volleyball Practices</u></b> ☉ 5:00 PM - 7:30 PM ♀ Fr. Brissan Gym	<b><u>Volleyball Practices</u></b> ☉ 5:00 PM - 7:30 PM ♀ Fr. Brissan Gym	<b><u>Fish Fry Prep</u></b> ☉ 4:00 PM - 10:00 PM ♀ DeSales Hall	<b><u>Fish Fry</u></b> ☉ 4:00 PM - 7:00 PM ♀ DeSales Hall	<b><u>1st Eucharist Retreat</u></b> ☉ 9:00 AM - 12:30 PM ♀ Church, DeSales Hall, Counsel Rm, School & Gym
<b><u>Mass (Anointing of the Sick)</u></b> ☉ 10:00 AM - 11:00 AM ♀ Church	<b><u>CYO Track &amp; Field Practice</u></b> ☉ 3:00 PM - 4:15 PM ♀ Parking Lot & Fields	<b><u>Women's Book Study</u></b> ☉ 7:00 PM - 8:30 PM ♀ Zoom	<b><u>The Light is On: Confessions and Adoration</u></b> ☉ 8:30 AM - 7:30 PM ♀ Reconciliation Room & Chapel	<b><u>Volleyball Practices</u></b> ☉ 5:00 PM - 7:30 PM ♀ Fr. Brissan Gym	<b><u>Volleyball Practices</u></b> ☉ 5:00 PM - 7:30 PM ♀ Fr. Brissan Gym	<b><u>Confessions</u></b> ☉ 9:00 AM - 9:30 AM ♀ Reconciliation Room
<b><u>CYO BB-Games</u></b> ☉ 11:30 AM - 7:30 PM ♀ Fr. Brissan Gym	<b><u>Volleyball Practices</u></b> ☉ 5:00 PM - 7:30 PM ♀ Fr. Brissan Gym	<b><u>Music Ministry (Hemmingson)</u></b> ☉ 7:30 PM - 9:00 PM ♀ Church	<b><u>BS 976 Mtg</u></b> ☉ 7:00 PM - 8:30 PM ♀ School-Counsel Rm	<b><u>Music Ministry (Hall)</u></b> ☉ 7:00 PM - 9:00 PM ♀ Church	<b><u>Serenate Choir Practice</u></b> ☉ 7:00 PM - 9:30 PM ♀ Offsite	<b><u>Baptisms</u></b> ☉ 10:00 AM - 11:30 AM ♀ Church
<b><u>Mass (Anointing of the Sick)</u></b> ☉ 12:00 PM - 1:00 PM ♀ Church	<b><u>Parish Lenten Retreat</u></b> ☉ 7:00 PM - 8:00 PM ♀ Church		<b><u>Music Ministry (Jones)</u></b> ☉ 7:00 PM - 8:30 PM ♀ Church	<b><u>Rosary-Persecuted Christians</u></b> ☉ 7:00 PM - 7:45 PM ♀ Virtual	<b><u>Stations of the Cross</u></b> ☉ 7:00 PM - 7:45 PM ♀ Church	
<b><u>Outreach Giving (KOVAR)</u></b> ☉ 4:30 PM - 6:30 PM ♀ Outside: Bell Tower & Admin Bldg	<b><u>Finance Council Mtg</u></b> ☉ 8:00 PM - 9:30 PM ♀ Zoom		<b><u>BS 976 Court of Honor</u></b> ☉ 7:30 PM - 9:00 PM ♀ DeSales Hall	<b><u>Men's Basketball</u></b> ☉ 8:30 PM - 10:00 PM ♀ Fr. Brissan Gym	<b><u>Stations of the Cross (Español)</u></b> ☉ 7:00 PM - 7:45 PM ♀ Chapel	
<b><u>Mass (Anointing of the Sick)</u></b> ☉ 5:00 PM - 6:00 PM ♀ Church			<b><u>Small Faith Sharing</u></b> ☉ 7:30 PM - 8:30 PM ♀ Zoom			
<b><u>YM Nightlife</u></b> ☉ 6:00 PM - 7:30 PM ♀ DeSales Hall			<b><u>Men's Basketball</u></b> ☉ 8:30 PM - 10:00 PM ♀ Fr. Brissan Gym			

**OLGC made a record of the number of Power Packs in February that were supplied to Food for Others — 1,327!** Thank you for all of your donations! This was an amazing effort considering all of the food supply issues. Thank you to leaders Tina Wickham and Cheryl Jones, and all the volunteers and donors. *"We know only too well that what we are doing is nothing more than a drop in the ocean. But if the drop were not there, the ocean would be missing something."* - Mother Teresa



# Lenten Opportunities:



Every Friday in Lent from  
4 - 7 pm in DeSales Hall.

Pre-order for carry-out at  
[www.squareup.com/store/OLGC](http://www.squareup.com/store/OLGC)

MENU	
Fried Fish (no bun).....	\$9.00
Fried Fish Sandwich.....	\$9.00
Baked Fish (no bun).....	\$9.00
Baked Fish Sandwich.....	\$9.00
"Metzger" Combo.....	\$10.00
Fried Shrimp (6).....	\$11.00
Fried Oysters (7-8).....	\$12.00
"Hillyard" Combo.....	\$15.00
Fish Chowder.....	\$4.00
Hand-cut Fries.....	\$3.00
Mac & Cheese.....	\$2.00
Rice & Beans.....	\$2.00
Coleslaw.....	\$1.00
Applesauce.....	\$1.00
Fish Bites Meal.....	\$7.00
Cheese Pizza.....	\$3.00
Dessert item.....	\$2.00

The fish fry takes place every Friday during Lent 3/4 - 4/8.  
Online ordering for carry-out will open on Tuesday and  
close at 3:30pm on Friday.

Things to note:

- No parking in the preschool lot until after 5pm.
- The bell tower circle will be closed except for dropping  
off handicapped attendees. Safety patrols will assist.
- Dine-in entrance and exit is the narthex door closest to  
DeSales Hall.
- Carry-out entrance and exit are the glass doors to  
DeSales Hall.

Volunteers for Thursday prep and Friday prep and event  
are always needed, using this link to sign up

[www.signupgenius.com/go/10c0c4eacac2aa4f85-2020](http://www.signupgenius.com/go/10c0c4eacac2aa4f85-2020).

Questions? Please contact Russ Weaver,  
[russ\\_weaver@icloud.com](mailto:russ_weaver@icloud.com), for more information.

## Stations of the Cross



Every Friday in Lent - March 4th - April 8th  
2:15 pm Live-streamed  
7 pm in the Church in English  
7 pm in Chapel en Español



Lenten Retreat  
Lent with Luke

March 7, 14, 21, 28, April 4  
at 7 pm

in the Church & live-streamed

We gather for evening prayer focusing on  
various stories that are only found in the  
Gospel of Luke; the prodigal son, the rich  
man, and Lazarus, Martha and Mary, the  
good and bad thieves, the good Samaritan,  
and Zacchaeus. A reflection by a parishioner  
on each story will center our prayer time  
together.

### Confessions

March 9, 16, 23, 30  
from 6:30 - 7:30 pm  
in the Chapel

Welcome! Our doors are open,  
and the light is on for quiet  
prayer and Confession every  
Wednesday evening during  
Lent. Come spend some time  
with Jesus in prayer, adoration,  
and reconciliation.

Adoration will be held in the Chapel.



Live Jesus! 2022

"Healing Relationships...Let It Begin with Me"



Saturday, March 26, 2022  
St. John Neumann, Reston, VA  
Register at [oblates.org](http://oblates.org)



## HOLY WEEK

**April 10th - Palm Sunday** - Regular Mass Times

**April 11th** - 7- 8pm Tenebrae

**April 13th** - 6:30 - 7:30 pm Holy Hour - Adoration

**April 14th - Holy Thursday** -

9 am Morning Prayer

9:30 am Living Stations - Livestreamed

10:30 am Chrism Mass, Cathedral of St. Thomas More

7 pm Mass of the Lord's Supper

8 - 11 pm Reposition of the Blessed Sacrament

**April 15th - Good Friday** -

9 am Morning Prayer

12 Noon Stations of the Cross

3 pm Celebration of the Lord's Passion

**April 16th - Holy Saturday** -

9 am Morning Prayer & Blessing of Easter Food

**April 16th - Paschal Vigil - no signup required**

8:15 pm Vigil Mass beginning at the bell tower

\* No 4 pm Mass\*

**April 17th - Easter Masses - no signup required**

7:30 am (Church), 9 am (Church), 9:30 am (Gym),

10:30 am (Church), 11 am (Gym), and 12 pm (Church en

español) \* No 5:00 pm Mass \*

# Monthly Outreach Project: March 19th & 20th

## KOVAR - Knights of Columbus drive to help the Intellectually Disabled!!!

KOVAR is a Virginia Knights of Columbus 501(c) (3) tax-exempt charity established in 1971 to provide financial assistance through grants and home loans to tax-exempt organizations providing training and assistance to citizens with intellectual disabilities. One major focus area of KOVAR is to assist in helping people with intellectual disabilities to live independently. One recent example is the Virginia Knights were able to enhance the lives of Virginians with intellectual disabilities by awarding a grant to cover the cost of Area Fitness Kits for the Fall 2020 and Winter 2021 Fitness Combines for all 33 Special Olympic areas in the Commonwealth of Virginia. The Santa Maria Council #4654 supports OLGC and is active in raising funds for KOVAR.



**The Knights will be collecting funds for KOVAR after each Mass at CCF during the weekend of March 19/20. If you will not physically be at a Mass that weekend, there are 2 ways you can donate to support KOVAR:**

- Donate by check: Make checks payable to KOVAR and write Council #4654 in the memo line of the check. Send checks to: KOVAR, 5588 Needleton Ave., Woodbridge, VA 22193.
- Donate by credit card: Go to the following URL which is located on our state KOVAR website: <https://donate.givedirect.org/?cid=1467> Fill out the form to donate and in the Council Name enter Santa Maria #4654.

Questions? Contact Bob Davis at [rfdavis78@yahoo.com](mailto:rfdavis78@yahoo.com) or 240-454-2053.

Interested in being a Knight contact Sam Althoff at [grandknight4654@knightsvienna.org](mailto:grandknight4654@knightsvienna.org).



## Parish Updates & Events

**Anointing of the Sick: at all Masses March 19-20th, Sat 4pm, Sun 8am, 10am, 12pm, 5pm**

The sacrament of the Anointing of the Sick gives the grace of the Holy Spirit to those who are sick. This grace helps the whole person, not only to bear the suffering but also to quiet anxiety, dissipate fear, and inspire confidence in God and acceptance of his will. When the Sacrament is celebrated communally, those who are sick, experiencing the frailty of old age, recovering from addictions, or preparing for a serious medical procedure, come before the community in faith to be anointed with the Oil of the Infirm and prays over them. The community, in a solemn prayer of faith, intercedes for those who are being anointed and prays for healing and body, mind, and soul.

Anointing of the Sick  
at all the Masses



SAT. MARCH 19TH @ 4PM

SUN. MARCH 20TH  
@ 8AM, 10AM, 12PM & 5PM

**Synod Listening Session: Sun. March 27th at 1:30pm in DeSales Hall.** Pope Francis has invited the Catholic Church

throughout the world to participate in preparations for the next Synod of Bishops in Rome, in October 2023. Everyone in the Diocese of Arlington is invited to participate in the Diocesan Synodal Phase, which will involve in-person Listening Sessions at the local level: in parishes, at universities and schools, at Catholic Charities, and at other locations. The fundamental question to be considered is this: A synodal Church, in announcing the Gospel, "journeys together," by proclaiming, celebrating, and living the Gospel as we make our way to the Promised Land of Heaven. How is this "journeying together" happening today in your local Church? What steps does the Spirit invite us to take to grow in "journeying together"? Through the synodal process, the people of the Diocese of Arlington, along with the whole Church throughout the world, will grow in deepening our commitment to proclaiming, celebrating, and living the Gospel.



**Are you following the church and school on Social Media?**

CHURCH - [Facebook](#) @OLGCVienna VA | [Twitter](#) @OLGCViennaVA | [Instagram](#) @olgcvienava

SCHOOL - [Facebook](#) @OLGCSchoolVA | [Twitter](#) @olgcschoolva | [Instagram](#) @olgcschoolva

YOUTH MINISTRY - [Facebook](#) @OLGCYouthMin | [Twitter](#) @olgcymin | [Instagram](#) @olgcyouthministry

YouTube Channel - [www.youtube.com/c/StreamingOLGC](http://www.youtube.com/c/StreamingOLGC)



# Parish Updates & Events

**CYO Track & Field: Deadline: Thurs. March 31st** Join OLGC's award-winning Track & Field Team! OLGC School and CCF students 3rd through 8th grade. CCF students may participate in the meet even if they can't make the practices. Improve your speed for other sports! Participate in a real meet - NVJCYO Track & Field Meet. OLGC has a highly knowledgeable coaching team with years of experience in the sport and multiple certifications including USATF, USA Triathlon, and RRCA coaching certifications. Practices will be Mondays beginning March 7th after school. The Track Meet will take place in mid-May at Bishop O'Connell High School. Registration deadline Thursday, March 31st! For questions please contact Rachel McCarthy, [rachelmccarthy2003@gmail.com](mailto:rachelmccarthy2003@gmail.com).

## CYO Track & Field: Deadline March 31st

All School & CCF students  
grades 3-8 can register.

Practices start Mon. March 7th



**Car Raffle & Cash Prizes: Tickets need to be returned by April 22nd.** OLGC is again participating in the Annual All Saints Church, Manassas, VA car & cash raffle. Prizes include four 2022 vehicles from Koons of Manassas (Honda Civic, Buick Encore, GMC Canyon Truck, and Honda Odyssey Van). One \$5.00 ticket offers the purchaser a chance to win all four vehicles plus \$40,000 in cash prizes. You should have received your tickets in the mail, if not please visit the Parish Office to purchase tickets. Raffle tickets must be processed at All Saints, required by the Department of Charitable Gaming. Please mail directly to All Saints and checks should be made payable to ALL SAINTS. For details visit <https://allsaintsvachurch.org/giving/5-car-affle/>.

**Now Hiring:** We are currently in the process of interviewing candidates for the Director of Finance, OLGC School Principal positions, and Events Manager. If you know of anyone interested, please direct them to our employment webpage [www.olgcva.org/about-us/employment](http://www.olgcva.org/about-us/employment).

## This OLGC 7th-grade basketball team exemplified Live Jesus!

*Dear Adrienne, Please pass along our appreciation to OLGC's 7th-grade boys basketball team and coaches. At Saturday's final game, there was a true display of sportsmanship shown by the OLGC team. We are grateful for this wonderful spirit of including and supporting all! Best, Tanya Principal, Saint Luke School, McLean, Virginia*

Story: Toward the end of the game it became apparent that one player on the St. Luke's Team had not scored a basket all season. Our boys took it upon themselves to inform each other and with 8 seconds left the St. Luke's player got the ball. He missed his first 2 shots, got the rebounds, and made the 3rd shot as the buzzer went off. It was great. The player's Dad in the stands was emotional. It was a great display of sportsmanship by our players. If you would like to nominate someone, please send their name and why they should be highlighted to [info@olgcva.org](mailto:info@olgcva.org).



**OLGC School** **Preschool-8th grade** [www.olgcschool.org](http://www.olgcschool.org) 703.938.3600

**Seventh graders are preparing to design their own STEM Fair projects by experimenting with gummy bears soaked in water.**



## Youth Ministry Derek Rogers [youth@olgcva.org](mailto:youth@olgcva.org)

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Check out all events and register to be on the email list at [www.olgcva.org/faith-formation/children-youth/youth-ministry](http://www.olgcva.org/faith-formation/children-youth/youth-ministry). Sunday Nightlife after 5pm Mass in DeSales Hall or other excursions, see website for details.

**Sunday, March 20 - Nightlife Lenten Series Continues: The Chosen in De Sales Hall.** Join us for dinner, popcorn, snacks and drinks as we continue our journey watching and discussing this highly recommended and rated (Rotten Tomatoes, IMBD) series. This drama about the life of Jesus Christ introduces Jesus and the calling of his initial disciples, with a discussion at the end of the evening. If you are looking to add a spiritual aspect to your Lenten journey, this is a great opportunity. Take a look at the trailer-[The Chosen Trailer](#)

**High School Workcamp 2022** Registration still open! I am sending in the spring payment on March 15<sup>th</sup> to give a rough estimate of our numbers. Right now we are at 16 individuals! We will be serving Scranton, PA on July 3-9<sup>th</sup>! Students 9-12 grade are invited to join on this week long service trip that many teens say is there favorite memory of the year! **What is Workcamp?** We showcased these two videos about OLGC's Experience at Workcamp last summer:

[OLGC Workcamp 2021-22 Teen Witness Promotional Video](#)

[OLGC Workcamp 2021 Imperial PA Music Video](#)

[To reserve your spot, register online here.](#)

### Steubenville Catholic Youth Conference Interest

July 15-17 is the Steubenville Youth Conference in Ohio. We have never gone before, have heard great things, and I wanted to see if there was any interest for this trip. I have 2 individuals interested and would need 4. We would leave Friday AM via bus with some other local churches and return on Sunday. [Here is a link to see what it's like](#). Still figuring out pricing but I wanted to see if there was interest so I can hold some spots that we have until April if we need to drop. Please email me if interested. Stay up to date with OLGC Youth Ministry by following us on Instagram @olgc youthministry

## Community & Diocesan Updates

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Join Catholic Business Network-NoVa (CBN) Thursday, March 24 @ 7:30 am for fellowship, networking and a dynamic

Catholic speaker at Maggiano's (Tysons Galleria). To register or for more information visit [www.cbnnova.org/](http://www.cbnnova.org/).

**Help our brothers & sisters in Ukraine.**

Bishop Burbidge recommends to give to one of these organizations. Catholic Relief Services:

[www.crs.org](http://www.crs.org)

Caritas International:

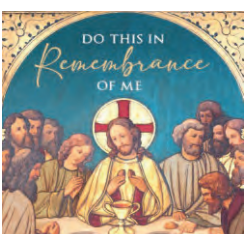
[www.caritas.org](http://www.caritas.org)

Catholic News Service:

[www.catholicnews.com/update-where-to-give-to-help-ukraine/](http://www.catholicnews.com/update-where-to-give-to-help-ukraine/)



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**The 2022 BLA is underway!** Theme is *"Do this in remembrance of me."* Please consider making a pledge to support the work of our diocesan programs and ministries which provide services that no parish could provide on its own. Our parish goal is 100% participation. By participating in the BLA, we remember the gift that Christ Himself gave us through His body and blood, and are asked to respond to His call to serve our brothers and sisters. You can make a gift at:

[www.arlingtondiocese.org/BLA](http://www.arlingtondiocese.org/BLA).



# Información Parroquial en español

Toda preguntas o sugerencias en español comuníquese con Maria Romero, Coordinadora de Bienvenida y/o Enlace con la comunidad de habla hispana, [welcome@olgcv.org](mailto:welcome@olgcv.org), 703.896.7419.

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## SEMANA SANTA

**Abril 11** - 7pm Tenebre

**Abril 13** - 6:30-7:30pm Hora Santa - Adoración

**Abril 14 - Jueves Santo:**

9 am Oración de la mañana

9:30 am Estaciones - transmitidas en vivo

10:30 am Misa Crismal en la Catedral de Santo Tomas Moro

7: pm Misa de la Cena de del Señor

8 a 11 pm Adoración Reposición del Santísimo Sacramento

**Abril 15 - Viernes Santo:**

9 am Oración de la mañana

12 del mediodía Viacrucis en inglés

3 pm Celebración de la Pasión del Señor

**Abril 16 - Sábado Santo:**

9 am Oración de la mañana y bendición de los alimentos de Pascua

**Abril 16 – Vigilia Pascual:**

8:15pm Misa de Vigilia comenzando en el campanario \*No habrá misa de 4pm\*

**Abril 17 - Misas de Pascua de Resurrección:**

7:30 am (en el Iglesia), 9:00 am (en la Iglesia),

9:30 am (en el gimnasio), 10:30 am (en la Iglesia),

11:00 am (en el gimnasio)

12 pm (en la Iglesia, en español)

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**Confesiones:** La Luz está Encendida para ti ¡Bienvenidos! Nuestras puertas están abiertas y La Luz Está Encendida. La Luz está Encendida es una iniciativa en la que las iglesias católicas de toda el área metropolitana están abiertas para orar en silencio y se celebra el sacramento de la reconciliación al igual tendremos la Adoración al Santísimo en la capilla todos los miércoles de cuaresma. **Las confesiones en español** durante la cuaresma en marzo son los miércoles 9, 16, 23, 30 6:30-7:pm y los sábados 5, y 26. Por favor recuerde que no se escuchan confesiones los domingos, en ninguna de las misas ni antes o después.

**Retiro ¡Jesús Vive!** "Sanando Relaciones...Deja Que Comience Conmigo" Seara el sábado 26 de marzo de 9am a 12:30pm en St. John Neumann, en Reston, VA este invita a los asistentes a reflexionar sobre las relaciones en sus vidas. No pierda esta oportunidad para reunirse en Oración y Comunión para reflexionar sobre los dones de Dios." Regístrese en [www.oblatos.org/updates/live-jesus-2021](http://www.oblatos.org/updates/live-jesus-2021)

**Intenciones de misas:** debido al limitado número de misas celebradas en nuestra parroquia y la abrumadora solicitud de intenciones para misas, cada persona se limitará a tres intenciones de misas por el año. Sin embargo, hay intenciones de misas ilimitadas celebradas por los sacerdotes oblatos retirados en Childs Maryland en la casa de retiro. Puede presentar su solicitud para las misas en línea [www.olgcv.org/liturgy-worship/devotions/mass/olgc](http://www.olgcv.org/liturgy-worship/devotions/mass/olgc), en las oficinas parroquiales, o en el Centro de Bienvenida. Las misas se otorgarán en el orden que sean recibidas. También puede reservar una de las velas rojas del Santuario al lado de los tabernáculos en la iglesia y la capilla, y la vela azul al lado de la estatua de Ntra. Sra. del Buen Consejo. Igualmente tenemos, El Libro de Intenciones, este se encuentra en la entrada principal de la iglesia.

**Registración Parroquial:** Animamos a todos los católicos bautizados que viven dentro de los entornos de nuestra parroquia a hacerse miembros registrados de Ntra. Sra. del Buen Consejo. También animamos a las familias a participar activamente en la vida parroquial para nutrir su relación entre Dios y ellos. Los miembros pueden recibir sus sacramentos, carta de elegibilidad de padrinos, inscribirse en nuestra escuela o programas de educación religiosa, ayuda con la matrícula escolar y recibir nuestras comunicaciones parroquiales. Complete el formulario en nuestro sitio web [www.olgcv.org/register](http://www.olgcv.org/register) o comuníquese con Christine Moan al 703.896.7413

**Formación de Fe/Catequesis:** para adultos, niños y bautizo de niños mayores de 6 años comunicarse con Guadalupe Sáenz [ccfofficeassist@olgcv.org](mailto:ccfofficeassist@olgcv.org) - 703.896.7415 igualmente comuníquese con ella para inscribir niños de preescolar a octavo grado para la catequesis.

**Sacramento de matrimonio:** Completar por lo menos 6 meses antes el formulario en el enlace siguiente [www.olgcv.org/sacraments/matrimony](http://www.olgcv.org/sacraments/matrimony) o llamar al Sr. Hall 703-896-7111. **Sacramento del bautismo:** Para Bautismos de niños menores de 6 años y Charlas de padres y padrinos deben inscribirse de antemano, [www.olgcv.org/sacraments/baptism](http://www.olgcv.org/sacraments/baptism) una vez completada esta y entregado los documentos requeridos le confirmaremos la fecha del bautizo. Igualmente se puede comunicar con María Romero al 703.896.7419 o [welcome@olgcv.org](mailto:welcome@olgcv.org).

**Rezar el Rosario:** Acompañemos en La Capilla / El Jardín de Ntra. Sra. del Buen Consejo, los domingos a las 11:15am y los lunes a las 7:30pm vía Zoom. Comuníquese con Carlos Berrios [berrioscg@gmail.com](mailto:berrioscg@gmail.com).



**NEED HELP WITH YOUR ELECTRONIC DEVICES?** – Are you having technical issues and could use some help with your electronic devices? Vienna Parks and Recreation's Club Phoenix teen volunteers are most happy to help make life easier for you! They can assist you with your Smartphone or laptop by showing you how to send photos, how to set reminders and appointments, use email, how to get around town (Uber), order food for delivery (Uber Eats and Door Dash), fun entertainment and even learn new recipes (YouTube.) Let them know if you have any specific questions during your reserved time, and they'll be happy to go over that with you. To make a 45-minute individual appointment, contact Club Phoenix Coordinator Ianna Alhambra 703-255-5736 or [ianna.alhambra@viennava.gov](mailto:ianna.alhambra@viennava.gov).

**AGING IN PLACE** – This topic seems to be gaining in popularity. Earlier this month a presentation on this subject was announced for this past week at the Vienna Community Center. In a recent issue of the Washington Post, the Spotlight on Senior Living featured an article about it. Here's an adaptation of that article that I hope will be helpful.

We're fortunate in this day and age that there are many residential options available to us as we grow older and our needs change. That being said; however, most of us would still prefer to remain in our own home. A WebMD and eldercare experts' survey showed almost 90% of adults age 50 and older prefer to age in place. So, what's fueling this decision? What are the benefits of aging in place? According to RetirementLiving.com, remaining in your own home costs less than assisted living or nursing fees; is more comfortable, slows the rate of memory loss, strengthens your social network, and allows you to be more independent. Note that this doesn't include Independent Living in a retirement community.

Take it one step at a time. It may seem overwhelming, but making changes and improvements to your home can be done in stages. Begin with the rooms you use most and think about any challenges you already have. AARP's HomeFit Guide provides many ways to make your home comfortable and safe. Among the top causes of accidental injuries at home are falls, fires, and burns. Falls are the leading injury-related cause of death for seniors. Installing slip-resistant flooring, anti-scald valves, grab bars as well as a fire extinguisher near the kitchen will all go a long way in ensuring your safety.

The National Council on Aging also offers suggestions for making your home a safe space in which to continue to live as you get older. Don't use area rugs, and make sure that all carpeting is securely attached to the floor. Replace

handles on doors and faucets with ones that are comfortable to use. Install grab bars near toilets and in the shower and tub. Reduce fall hazards by adding non-skid mats or no-slip strips on floors or surfaces that can get wet. Put light switches at the top and bottom of staircases and use night lights. When modifying your home, don't overlook aging in place home automation, also known as assistive domotics. Home technology for the elderly or disabled can make your home safer and give you peace of mind when making the decision to age in place.

The website <https://ageinplace.com> points out that home technology can be beneficial in a number of areas such as health care (medication reminders, daily medical testing, medical consultations), long-distance caregiving (coordination, communication, preventing loneliness), home safety (fall prevention, security, lighting), as well as entertainment, activities, and games (Wordle, anyone?). Making modifications to your home is just one aspect of being able to successfully age in place. Other considerations include managing illnesses or injuries, personal care, household chores, meals, transportation, money management, maintaining personal relationships with family and friends, and finding activities. That's a lot.

But help is available. There are many resources available to help you address these concerns. Some suggestions are to reach out to family, friends, and neighbors who can help you get what you need. Find out about community and local government resources from health care providers, social workers, your local Agency on aging, and clergy. Talk to geriatric care managers who can be especially helpful in coming up with a plan if family members don't live nearby. Explore Federal Government resources for seniors. Contacting the Administration for Community Living is a good starting point. Make a financial plan. Some services you might need may be free, others not. Some may be covered by Medicare, but again, others not.

Check out <https://www.benefits.gov> to find out about possible benefits you might qualify for. You may also be eligible for benefits from the U.S. Department of Veterans Affairs which might be able to provide medical care in your home as well as homemaker/home health aide services, adult day health care, and hospice. Visit [www.va.gov](http://www.va.gov), call the VA Health Care Benefits at, 877-222-8387 or contact the VA medical center nearest you.

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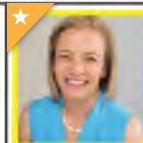


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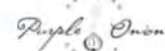


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