Assumption of the Blessed Virgin Mary

"My soul proclaims the greatness of the Lord; my spirit rejoices in God my savior." Luke 1:46-47

Asunción de la Virgen Maria

"Proclama mi alma la grandeza del Señor, y mi espíritu se alegra en Dios mi Salvador." *Lucas 1, 46-47* August 15, 2021



8601 Wolftrap Road, Vienna, VA 22182-5026
Phone: 703.938.2828 Fax: 703.938.2829
www.olgcva.org ~ www.olgcschool.org

Administered by the Oblates of St. Francis de Sales

Mass Schedule

Mon-Sat - 8:30am, holidays are at 9am
Saturday Vigil 4pm
Sunday 8:00am, 10:00am,
12pm (en español), 5:00pm
Office Hours Mon - Fri 9am - 4:30pm,
closed 12-12:30pm for lunch
Chapel open for prayer Mon - Fri 9am - 5pm

Confessions Saturdays 9-9:30am or by appt
Join the Parish www.olgcva.org/register
Schedule an Event
www.olgcva.org/about-us/facilities
Add Item to Bulletin/Media
www.olgcva.org/about-us/communications
Mass Intention Request

www.olgcva.org/liturgy-worship/devotions/mass

Pastor Rev. Matthew Hillyard, OSFS......frhillyard@olgcva.org Retired Rev. William Metzger, OSFS......william.metzger@olgcva.org **Deacon** Christopher Moore......cgmoore@olgcva.org School Principal Adrianne Jewett 703.938.3600.....ajewett@olgcschool.org Faith Formation Amy W. de Bernardo 703.896.7414......dre@olgcva.org Liturgy/Music/Ministry of Care/Funerals Gerard Hall 703.896.7411....liturgy@olgcva.org Communications/Bulletin Irene Zaso 703.896.7412.....communications@olgcva.org Director of Finance Brian Patterson 703.896.7402......bpatterson@olgcva.org Records/Child Protection Liaison Christine Moan 703.896.7413.....cmoan@olgcva.org Advancement/Annual Giving Alison McKee & JoAnne Kinyon...development@olgcva.org Events Manager Cheryl Jones 703.896.7418......cjones@olgcva.org Reception/Mass Intentions Maria Romero 703.896.7419.....welcome@olgcva.org Información en español Maria Romero 703.896.7419.....welcome@olgcva.org Finance Council (Regina Stranix)......FinanceCouncil@olgcva.org Society of St. Vincent DePaul (Linea de Ayuda) 703.938.3210.....svdp@olgcva.org Respect Life /Gabriel Project Betsy Argauer 703.255.3744......betstim@gmail.com Knight of Columbus Santa Maria Council #4654.....www.knightsvienna.org Counseling Catholic Charities Consejería Caridades Catolica......703.425.0109

Welcome to Our Lady of Good Counsel

We, as members of Our Lady of Good Counsel Parish, strive to witness to the Good News of Jesus Christ by proclaiming our faith, educating ourselves and our children, sharing our persons, resources and gifts in the care and service of one another. We are called to foster an environment of hospitality in accordance with the Spirituality of St. Francis de Sales.

Mass Intentions/Intenciones de la Misa

Saturday August 14, Vigil / Sunday August 15, 2021

Presiders Fr Hillyard, Fr Extejt, Fr Hillyard, Fr Hillyard, Fr Metzger

- + Joseph Edward (Joe) Murphy
- + Roberto M. Rodriguez

Martha & +Edward Zdancewicz

- + Arthur Bona
- + Fernando Vicente Barrios

Monday, August 16, 2021 - Presider Fr Metzger

+ James (Jim) Cotter

Tuesday, August 17, 2021 - Presider Fr Hillyard

8:30am For the OLGC Community

Wednesday, August 18, 2021 - Presider Fr Hillyard

8:30am + Brother Michael A. Smith C.S.C. Thursday, August 19, 2021 - Presider Fr Metzger

8:30am + Joseph (Joe) Murphy

Friday, August 20, 2021 - Presider Fr Metzger

8:30am + Cresencio Hernandez

Saturday, August 21, 2021 - Presider Fr Metzger

8:30am + Martin McGrath

Saturday August 21, Vigil / Sunday August 22, 2021

Presiders Fr Metzger, Fr. Fiorelli, Fr. Celso, Fr Hillyard

+ Marsh Hansbrough

Members of the + Baruffi - + Glympy families

- + Mercedes Carrera Bowen
- + Alfredo A. Ortiz
- + George Robert Lamb

Please keep the deceased in your prayers James O. Lewis, Stephanie Garcia, and Irene Buresh sister in-law of Laudie and Mary Buresh.

OLGC Funerals: www.olgcva.org/liturgy-worship/funerals.

Weekly Prayer of Faithful: www.olgcva.org/liturgyworship.

Book of Prayer Intentions: Names can be added to our book of intentions located in the Church and please pray for those in the book.

Devotional Candles: www.olgcva.org/liturgy-worship/. The Church Sanctuary Candle will burn for all parents. The Chapel Sanctuary Candle will burn for all students. The Our Lady Candle will burn for all teachers.

Readings for the Week/Lecturas de la Semana

Readings for the Week of August 15, 2021

Sunday Solemnity of the Assumption of the Blessed

Virgin Mary

Rv 11:19a; 12:1-6a, 10ab; Ps 45:10, 11,

12, 16; 1 Cor 15:20-27; Lk 1:39-56

Monday Saint Stephen of Hungary

Jgs 2:11-19; Ps 106:34-35, 36-37, 39-40, 43ab

& 44: Mt 19:16-22

Tuesday Jgs 6:11-24a; Ps 85:9, 11-12, 13-14;

Mt 19:23-30

Wednesday Jgs 9:6-15; Ps 21:2-3, 4-5, 6-7; Mt 20:1-16

Thursday Saint John Eudes, Priest

Jgs 11:29-39a; Ps 40:5, 7-8a, 8b-9, 10;

Mt 22:1-14

Friday Memorial of Saint Bernard, Abbot and

Doctor of the Church

Ru 1:1, 3-6, 14b-16, 22; Ps 146:5-6ab, 6c-7,

8-9a, 9bc-10; Mt 22:34-40

Saturday Memorial of Saint Pius X, Pope

Ru 2:1-3, 8-11; 4:13-17; Ps 128:1b-2, 3, 4, 5;

Mt 23:1-12

Twenty-First Sunday in Ordinary Time Sunday

> Jos 24:1-2a, 15-17, 18b; Ps 34:2-3, 16-17, 18-19, 20-21, 22-23; Eph 5:21-32 or 5:2a

25-32; Jn 6:60-69

Weekly & Second Collections drop off in boxes in Narthex, parish office, mail, or give online via Faith Direct membership.faithdirect.net/VA875 or **Text \$ amount to**

August **Facility Improvements**

703.810.7674. Thank you for your support.

August 22 Mission Cooperative Plan Appeal for Banica

> **July Monthly Collections** Fiscal Year July 2021—June 2022 Offertory 154.804.22 **Total Budgeted** 170,616.00 Variance (15,811.78) YTD Received 154,804.22 **Budget YTD** 170,616.00 Variance (15,811.78)

Quote of the week: "From time to time, one must recreate and relax in mind and body." - St. Francis de Sales Cita de la semana: "De vez en cuando, uno debe recrearse y relajarse en cuerpo y mente." - San Francisco de Sales

Calendar (Subject to change, see website for up to date schedule www.olgcva.org/about-us/calendar)

Sunday, August 15

Outreach Giving (Backpacks) 7:30 AM - 1:00 PM DeSales Hall & Bell Tower Circle

Adult Co-ed Softball Games 1:00 PM - 5:00 PM Field-Lower Outreach Giving (Backpacks) 4:30 PM - 6:00 PM DeSales Hall & Bell Tower Circle

Monday, August 16

Our Lady Quilters Rosary 11:30 AM - 12:30 PM Mary's Garden

Tuesday, August 17

Music Ministry (Hemmingson) 7:30 PM - 9:00 PM Church

Wednesday, August 18

Music Ministry (Jones) 7:00 PM - 8:30 PM Church Small Faith Sharing 7:30 PM - 8:30 PM Zoom SVDP Mtg. 7:30 PM - 9:00 PM DeSales Hall

Thursday, August 19

Prayer Shawl 9:30 AM - 11:00 AM

Mary's Garden Memorial Mass: Claudia Lockard 11:00AM - 12:00 PM Church

Catechist Mtg 7:00 PM - 8:00 PM Counsel Room Music Ministry (Hall) 7:00 PM - 9:00 PM Church Rosary-Persecuted Christians 7:00 PM - 7:45 PM Virtual

Friday, August 20

Deadline to order milk for school year <u>Order online</u>
Offices Closed - Church & School Staff Retreat 9:00 AM 3:00 PM Church, Chapel, DeSales Hall

Lamb Ctr Lunch 10:30 AM - 11:30 AM Parking Lot-Bell Tower

Adult Co-ed Softball Practice 7:00 PM - 9:00 PM Field-Lower

Serenata Choir Practice 7:00 PM - 9:00 PM Church

Aug 21/22 Second collection supports the annual Mission Cooperative Plan Appeal for the mission in Banica. This appeal helps our brothers and sisters who do not have access to basic pastoral services that support and grow their faith, like Mass, the sacraments, religious education as well as basic needs – like food, shelter and healthcare. Please be generous.

Saturday, August 21

Confessions 9:00 AM - 9:30 AM Reconciliation Room CCF Book Assembly 10:00 AM - 2:00 PM Counsel Room Funeral: Sharon Hotchkiss 11:00 AM - 12:00 PM Church

Sunday, August 22

Adult Co-ed Softball Games 1:00 PM - 5:00 PM Field-Lower

Monday, August 23

Preschool Open House for Current Families 8:30-11:00 AM Our Lady Quilters Rosary 11:30 AM - 12:30 PM Mary's Garden

Tuesday, August 24

Music Ministry (Hemmingson) 7:30 PM - 9:00 PM Church

Wednesday, August 25

1st Day of School K-8 8:00 AM - 3:00 PM School 1st Day of Preschool 8:00 AM - 11:15 AM School Early Dismissal

Music Ministry (Jones) 7:00 PM - 8:30 PM Church RCIA Team Meeting 7:00 PM - 9:00 PM Zoom Small Faith Sharing 7:30 PM - 8:30 PM Zoom

Thursday, August 26

Preschool Early Dismissal 8:00 AM - 11:15 AM School Prayer Shawl 9:30 AM - 11:00 AM Mary's Garden Music Ministry (Hall) 7:00 PM - 9:00 PM Church Rosary-Persecuted Christians 7:00 PM - 7:45 PM Virtual

Friday, August 27

Preschool Early Dismissal 8:00 AM - 11:15 AM School Opening School Mass 8:30 AM - 9:30 AM Church Adult Co-ed Softball Practice 7:00 PM - 9:00 PM Field-Lower

Serenata Choir Practice 7:00 PM - 9:00 PM Church

Saturday, August 28

Confessions 9:00 AM - 9:30 AM Reconciliation Room Baptisms 11:00 AM - 1:30 PM Church

Are you following the church and school on Social Media?

CHURCH - <u>Facebook</u> @OLGCVienna VA | <u>Twitter</u> @OLGCViennaVA | <u>Instagram</u> @olgcviennava SCHOOL - <u>Facebook</u> @OLGCSchoolVA | <u>Twitter</u> @olgcschoolva | <u>Instagram</u> @olgcschoolva YOUTH MINISTRY - <u>Facebook</u> @OLGCYouthMin | <u>Twitter</u> @olgcym | <u>Instagram</u> @olgcyouthministry YouTube Channel - <u>www.youtube.com/channel/UCjlaNF7IIY4IrWCgSVzVtDw</u>



Monthly Outreach Project: Backpack & School Supplies August 14th & 15th

Youth Ministry is helping coordinate OLGC's August Monthly Outreach by assisting our local families in need to get back to school! Join us in helping donate backpacks and other school-related items or volunteering to help sort and organize in DeSales Hall. A detailed item list of needed items can be found online at www.signupgenius.com/go/30e044ea8a72ea7fc1-august.

Saturday, August 14th 3:30pm-5:30pm

Sunday, August 15th 7:30am-1pm and 4:30pm-6pm

All items can be dropped off at DeSales Hall between those times, we will have volunteers to help unload and organize. Contact Derek Rogers, youth@olgcva.org, 703-896-7409 with any questions.



Parish Information

Are you a registered parishioner at OLGC? Not sure? Are you getting the weekly offertory envelopes or contributing to Faith Direct? Do you receive our weekly email newsletters? If not, please register with us, so we are able to serve your needs more completely. Members can receive their sacraments here, receive a Letter of Good Standing/Sponsor Eligibility Certificate in order to serve as a sponsor for Baptism/Confirmation, enroll in our school or parish faith formation education programs, receive tuition assistance if needed, and receive our parish communications. Fill out our online Registration Form, visit the parish office or contact our Records Manager, Christine Moan, cmoan@olgcva.org at 703.896.7413, to make sure we have your correct email address on file or fill out the below form. If residents have changed in your household, or you have recently moved, changed phone numbers or email addresses, please complete the information below. You may return this form in the collection boxes in the Narthex or drop it off at the Parish Office.

Name:		
Address:		
Home phone:	Cell Phone:	
Email Address:		

Devotional Candles in Chapel and the Church - One of the Church's earliest traditions is to burn candles to offer prayers to God. To "light a candle for someone" indicates one's intention to say a prayer for another person, and the candle symbolizes that prayer. For a donation of \$25, you have the opportunity to have the candle burn for a week contact Maria Romero 703.896.7419 or use this form www.olgcva.org/liturgy-worship/devotions/candle.

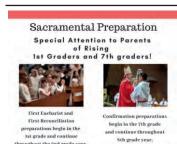


New Guidelines for Postage Stamp Donations – Due to a change in how outreach projects/collections are now being conducted at the parish, used and new stamps and other philatelic items are NO longer being accepted at the parish. You can send your canceled stamps and other postal items directly to the Sisters of Notre Dame, Stamp Ministry, 100 Augusta Hall-Saint Mary's, Notre Dame, IN 46556. They're especially interested in receiving stamp albums. To keep things simple, collect only commemorative and high value and foreign stamps, NOT the American flag, "USA", an eagle, fruit, or stars as they have no resale value. Philatelic items such as first day covers, stamp dedication programs, mint stamp blocks and sheets are highly desirable. The Sisters' Stamp Ministry uses the funds generated from the sale of these postal items to fund their missionary work around the world. Thank you!

Parish Events & Updates

CCF Registration deadline is TODAY, August 15th for Preschool - 8th Grade! www.olgcva.org/faith-formation/

children-youth/ccf-reg We pray that this finds you well! We will register as usual for CCF, hoping for the best for the Fall but with the understanding that we will most likely need to make adjustments to class sizes/times, session dates, elearning opportunities, COVID-19 safety protocols, etc., along the way per OLGC Parish, Diocesan, State, and CDC guidelines. We will keep you informed as we go along and hope to know more in July or early August 2021. Classes will also be dependent on having enough catechists and volunteers. We NEED catechists! If you'd like to volunteer to teach, be an aide, hall/room monitor, or nurse/medical technician, please contact Amy MacKinnon, amackinnon@olgcva.org. Help our kids in CCF to go boldly into the future!



the 2nd grade.

Sacramental preparation is an exciting time! If you have a 1st grader or 7th grader who is not attending Catholic School, please register for CCF today to begin the 2 year sacramental preparation process! First Eucharist and First Reconciliation preparations begin in the 1st grade and continue throughout the 2nd grade year, with the sacraments received in the 2nd grade. Confirmation preparations begin in the 7th grade and continue throughout 8th grade, with the sacrament received in the 8th grade. Register online at www.olgcva.org/faith-formation/children-youth by August 15th. Questions? Or have a child that's not a 1st grader or 7th grader and in need of sacraments? Please contact Amy de Bernardo at dre@olgcva.org or 703.896.7414.

Sacramental Preparation for Adults: Inquire today!

in the 8th grad

Were you baptized Catholic and in need of the sacraments of Eucharist, Reconciliation, Confirmation, and/or Marriage? Maybe you are unbaptized or baptized in another Christian tradition and have been coming to Mass for a while now? Perhaps you would just like to know more about the Catholic Church? If you would like to explore preparation for the sacraments in the Catholic Church through RCIA, inquire today! Contact Amy de Bernardo at 703.896.7414, dreedings.com.

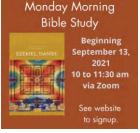




Divorced/Separated Catholic Ministry OLGC parishioner John R. Heard will be hosting a sixweek program that addresses concerns of divorced or separated Catholic men and women. It offers much-needed support and helps to answer questions. The sessions will take place on Tuesdays 9/14 to 10/19 from 7 pm - 8:30 pm via Zoom. Topics include Prayer, Grief, Healing, Forgiveness, Letting Go, and Hope. Register by filling out this form www.olgcva.org/faith-formation/adults/divorcedseparated. Zoom details will be emailed to you after registration. Contact John Heard olgcds@gmail.com for more info. Texts to purchase are The Joy of You: Your Life After Divorce by W. E. Rabior and Divorced. Catholic. Now What? by L. Duffy & V. Frese

Looking for more prayer in your life? Or a group to explore your faith with? OLGC parishioner John Heard hosts a small faith-sharing prayer group on Wednesdays at 7:30 PM via Zoom. Having a small community to pray with can be a powerful and beautiful experience! Wherever you are on your faith journey or whatever your prayer experience, you are welcome to join. If you have questions or would like to join, contact John Heard, OLGCDS@gmail.com.





Monday Morning Little Rock Scripture Study - Ezekiel and Daniel to start Sept 13th! The books of Ezekiel and Daniel provide some of the most memorable stories and images of the Old Testament. Join the Monday Morning Little Rock Scripture Study from 10 am to 11:30 am via Zoom as they explore the Books of Ezekiel and Daniel in preparation for an exploration of the Book of Revelation next year. Sessions resume Monday, September 13th. For more information including a link to order materials, check out our website at www.olgcva.org/faith-formation/adults. To sign up or for any questions, please contact Mike Plett at mike.plett1@gmail.com.

OLGC School www.olgcschool.org 703.938.3600



Vote for OLGC Preschool & School! Everyday August 1-31st! Our Lady of Good Counsel Preschool and School are top nominees in the 2021 Washington Parent Pick's voting contest! Voting for the contest will start August 1st and run until August 31st, 2021. Each person will have a chance to vote once a day per category. The school with the most votes in each category at the end of the voting period will be 2021 Washington Parent Pick WINNERS! Please visit this link every day in August and vote for OLGC in the Preschool category and the Private School category https://washington-parent-picks-2021/#/gallery?group=385240.

OLGC School Starts Wednesday, August 25th at 8:00am.

Please take extra care when entering or exiting the parking lot. Please remember that certain entrances to campus will be closed and the lower parking lot is reserved for Preschool only!

All are welcome to attend the Opening School Mass on Friday, August 27th at 8:30am in the Church.



Carpool Carpool Carpool Carpool Entrance Parking School School School Carpool Entrance Parking No Entrance No Parking Daily Mass Parking No Parking Church B:15am Preschool Parking Wolftrag Entrance No Parking Church Churc

Entrances & Parking on Campus REMINDER: Speed Limit is 5 mph on campus!

- Wolftrap Road Entrance is CLOSED until approximately 8:15am
- Niblick Entrance is OPEN for Daily Mass and Preschool Carpool
- Notre Dame Entrance is ONLY open for School Carpool
- NO Parking in Lower DeSales Hall lot This is for Preschool ONLY!
- Park in middle lot between bell tower & softball field
- Park in upper lot after 8:15am

Thank you for your assistance as we try to keep everyone safe.

Volunteer Background Checks & Training If you plan to volunteer for the upcoming school year with children, you need to fill out a request form: www.olgcva.org/outreach/serve/volunteer-children. If you have any questions please contact Christine Moan, Child Protection Liaison, cmoan@olgcva.org.

- CCF (Catholic Christian Formation)
- Children's Liturgy of the Word
- Coaching/Assistant Coaching

- OLGC School Volunteers
- Volunteer Tutors
- Youth Ministry

Información Parroquial en español

Toda preguntas o sugerencias en español comuniquese con Maria Romero, Coordinadora de Bienvenida y/o Enlace con la comunidad de habla hispana, <u>welcome@olgcva.org</u>, 703.896.7419.

Registrarse en la Parroquia: Para recibir una carta de padrinos, preparación sacramental (bautismo, catequesis, matrimonio etc.), una carta de recomendación, una carta de inmigración o nuestros correos electrónicos semanales, es necesario estar registrado en la parroquia por lo menos tres meses, entre otros requisitos. Para registrase en la parroquia, visite nuestro sitio web www.olgcva.org/register.

- Sacramento de matrimonio: Completar por lo menos 6 meses antes el formulario en el enlace siguiente https://www.olgcva.org/sacraments/matrimony o llamar al Sr. Hall 703-896-7111.
- Sacramento del bautismo: Para Bautismos de niños menores de 6 años y Charlas de padres y padrinos deben inscribirse de antemano, una vez completada esta y entregado los documentos requeridos le confirmaremos su fecha del bautizo. https://www.olgcva.org/sacraments/baptism.
- Confesiones: Durante el mes de agosto las confesiones en español serán los sábados 7, 14 y 28 de 9: a 9:30am y de lunes a jueves únicamente con cita. Puede llamar para hacer una cita con el Padre Mateo durante la semana al 703-938-2828 ext. 108. o envíe un correo electrónico a frhillyard@olgcva.org. No se escuchan confesiones los domingos en ninguna de las misas ni antes o después de la Misa.
- Misas: Puede ofrecer una misa en la parroquia, por fallecidos, en acción de gracias, en petición por la salud de alguien etc. la donación es de \$10.00 llame al 703-896-7419. Recuerde no se aceptan nombres los domingos. Debe reservar la misa de antemano. Velas del Santuario: Las velas están disponibles al lado del Tabernáculo en la iglesia y la capilla, y la vela azul al lado de la estatua de Ntra. Sra. del Buen Consejo. La vela se enciende durante una semana de domingo a sábado en memoria de un ser querido, una celebración de una intención especial. Las intenciones se publican en el boletín y la donación es de \$2500.
- Formación de Fe/Catequesis: para adultos, niños y bautismo de niños mayores de 6 años comunicarse con Guadalupe Saenz ccfofficeassist@olgcva.org 703.896.7415 igualmente comuníquese con ella para inscribir los cursos de preparación bautismal para padres y padrinos y niños de preescolar a octavo grado para la catequesis del próximo año. ccfofficeassist@olgcva.org, 703.896.7415.
- Asistencia: Línea de asistencia 703.938.3210 o svdp@olgcva.org dejar un mensaje, alguien le regresará su llamada.
- **Rezar el Rosario:** Acompañemos en el jardín de Ntra. Sra. del Buen Consejo, los domingos a las 11:15am y los lunes a las 7:30pm vía Zoom. Comuníquese con Carlos Berrios <u>berrioscg@gmail.com</u>.
- **Departamento de Salud** del Condado de Fairfax, información sobre COVID-19 en español: 703.267.3511 https://www.fairfaxcounty.gov/covid19/spanish.
- Vacunas gratuitas para personas mayores de 12 años. No necesita hace cita, ni documento de identidad con fotografía ni un comprobante de domicilio. Necesita documento para confirmar su nombre y la fecha de Nacimiento. Para preguntas o información llame a la parroquia de St. John Neumann con Celia Sandoval, Coordinadora hispana 703-860-8511 o Susan Infeld enfermera Parroquial, 703-390-234.
- El Condado de Fairfax Según la guía actualizada publicada por los Centros para el Control y la Prevención de Enfermedades (CDC) la semana pasada, el Departamento de Salud del Condado de Fairfax recomendó que todos, incluidas las personas completamente vacunadas contra COVID-19, usen mascarillas en entornos públicos cerrados. Dado que el número de casos de COVID-19 continúa aumentando con la propagación de la variante Delta, esta recomendación se basa en que el Distrito de Salud de Fairfax pasa de un nivel "moderado" de transmisión de COVID-19 a un nivel de transmisión "sustancial". https://www.fairfaxcounty.gov/covid19/spanish/blog/indoor-masking
- **Voluntarios:** Estamos en necesidad de voluntarios ministros, lectores, ujieres y monaguillos en las misas, catequistas a partir de septiembre para ensenar en inglés, parejas para ayudar en la preparación del matrimonio y bautismo. Por favor considere donar su tiempo en uno de estos ministerios. Comuníquese al 703.896.7419.
- Libro de Intenciones: El libro de intenciones se encuentra en la entrada principal de la iglesia. El propósito de este libro es para pedir por nuestras intenciones personales, por los enfermos, por los que están vivos o fallecidos.

Community & Diocesan Updates

Grief Support Group: Caring fellowship and support for those who have lost a loved one.

Have you lost a loved one? If you, or someone you know, is grieving the loss of a loved one and would like to join with others in a welcoming environment to talk about your feelings and your journey, please consider joining a bereavement support group being jointly offered by OLGC and St Mark. The 9-week program begins on Sunday, August 22, and will run through October 24. We will meet on Sundays, from 3:30pm to 5:00pm, both in-person and via Zoom. To sign up, or to get more information, please contact Ms. Sarah Kirk at skirkbtr@gmail.com, or phone/text her at 703-403-3072.



We bring your attention to the new update from the CDC, Commonwealth, and Fairfax County and ask you to consider their latest recommendations when attending Mass at

OLGC. Based on updated guidance released by the Centers for Disease Control and Prevention (CDC) last week, the Fairfax County Health Department recommends that everyone, including individuals fully vaccinated against COVID-19, wear a mask in public indoor settings. As the number of COVID-19 cases continues to increase with the spread of the Delta variant, this recommendation is based on the Fairfax Health District moving from moderate level of COVID-19 transmission to substantial transmission. **All individuals in Virginia who are 12 or older are**



eligible to receive a free COVID-19 vaccine. Appointments are available www.fairfaxcounty.gov/health/novel-coronavirus/vaccine.

Save the Hyde Amendment! Contact Congress today to keep our tax dollars from funding abortion. Go to HumanLifeAction.org to send a strong message before the Biden Administration's budget and the powerful members of Congress move to take away protections that both Democrats and Republicans have supported for nearly half a century. Billions of taxpayer dollars could be used to pay for abortion. Hyde Saves Lives! https://example.com/humanLifeAction.org.

PRIME TIME SINGLE CATHOLICS (PTSC) serves single Catholics 40 and over. Meet us for: Thursday lunches (Aug. 26); hot-dog social at Lake Accotink Park (Aug. 13); Mass at Basilica of St. Mary/brunch (Aug. 15); dinner/free concert at Lee District Park (Aug. 18); mini-golf at Upton Hill Regional Park (Aug. 29); picnic at Occoquan Regional Park (Sept. 5); Nationals baseball (Sept. 19). For details, visit our website: bit.ly/ptsc. With questions or to RSVP, email Tom at ptscnva@gmail.com.

Mass Honoring Military and First Responders The 6th Annual Mass Honoring Military & First Responders will be hosted by the Fr. Walter F. Malloy Assembly #1894 of the Knights of Columbus on Sunday, September 12, 2021, at 11 a.m. at St. Leo the Great Catholic Church (3700 Old Lee Hwy, Fairfax, VA), with the Most Reverend Michael F. Burbidge, Bishop of Arlington, as Principal Celebrant and Homilist. All Military and First Responders are invited and encouraged to attend this Mass in dress uniform and with their families. Please RSVP to SK David J. Todd, Jr., PFN, at djtoddjr@gmail.com if you plan to attend.



DeSales Weekly: A Thursday newsletter to aid readers to *Live Jesus*! How to integrate the sacred and the secular to make the ordinary events of our lives extraordinary by bringing virtue, grace, and Jesus to all we do. Visit website to subscribe https://oblates.squarespace.com/desales-weekly#anchor.

Spirituality Matters: Fr. Michael Murray, OSFS, of DeSales Spirituality Services offers wonderful insight on the readings and St. Francis de Sales interpretation of them. Visit website to read https://oblates.squarespace.com/spirituality-matters.

A Moment From De Sales: A blog by Fr. Richard R. DeLillio, OSFS, to help readers see the connection between life's everyday happenings and their growth in holiness. Visit website to read www.livetodaywell.org/.

Senior Moments: Marge Van Lierde, Gitkagirl@gmail.com, 571.831.3951

ARE YOU ELIGIBLE FOR SNAP? – The Supplemental Nutrition Assistance Program (SNAP) can be used like cash to buy food from authorized retailers and online from Amazon and Walmart but cannot be used for delivery fees. Recipients receive an Electronic Benefit Transfer (EBT) card. Your account is debited each time eligible food items are purchased. A special Personal Identification Number is required. Your household must meet certain requirements to be eligible for SNAP benefits. The application process can be done by computer or phone – no need to come in person. To apply online, visit https://commonhelp.virginia.gov/access, or call 1-855-635-4370 to apply over the phone. For more information, call the Department of Family Services Customer Care Line, 703-324-7500, TTY 711.

SOME SENIOR CENTERS NOW OPEN – After being closed for more than a year, select Fairfax County Senior Centers re-opened to the public at the end of June. Staff and instructor-led programs are not being offered but are scheduled to resume when senior centers open at full capacity on September 7, 2021. If you're not fully vaccinated against COVID-19, wear a mask during your visit; you'll also be required to sign a liability waiver to visit senior centers.

While some locations remain closed at this time, such as Bailey's Hollin Hall, James Lee, Pimmit Hills, Providence, and South County Senior Centers, all the others are open Tuesday through Friday, 9 am-4 pm. The re-opened locations include Herndon, Lewisville, Lincolnian, Little River Glen, Lorton, and Sully Senior Centers.

MEALS ON WHEELS – This program provides homedelivered meals to older adults who are unable to physically prepare a meal or who are homebound. They are also available to those over 18 years old who have a disability and need assistance preparing meals. The program is targeted to support eligible adults to remain independent in their own homes. To learn more or to apply over the phone, call 703-324-5409.

REGISTER NOW FOR DOWNSIZING SEMINAR – Vienna Parks & Recreation is offering this popular comprehensive seminar to help you plan for the future by discussing various aspects of the downsizing process. Some topics to be discussed include decluttering your current home, organizing and getting it ready for sale and selling your home, to researching future home options involving different types of living and levels of care available. The seminar is free and is scheduled at the Vienna Community

Center for Thursday, September 9, from 10-11:30 am. For planning purposes, registration is recommended. Call 703-255-6360.

CAN YOU AFFORD ASSISTED LIVING? – Do you know how much Assisted Living is going to cost? Are you aware of what expenses Medicare and Medicaid cover? Do you have a plan to pay for the most hopeful outcomes? Come and learn the answers to these questions at a free seminar at the Vienna Community Center on Monday, September 12, from 10-11 am. Follow the instructions for registration listed above.

ALZHEIMER'S BREAKTHROUGH? – The approval in June of aducanumab, the first Alzheimer's medication that could slow the progress of the disease, was hailed as a hopeful moment. But experts warned it was just a step in that effort and far from a final victory over the disease. Biogen's drug, which will go by the brand name Aduhelm, was approved by the FDA on the condition that the company continues studies to prove it works to break up sticky plaques of protein in the brain associated with Alzheimer's. Scientists believe this could slow the disease but not reverse it. It wasn't immediately clear if Medicare or private insurance companies would pay for the drug, priced at \$56,000 for a year's therapy.

Many questions remain. Identical clinical trials have been inconsistent and inconclusive. Only about a third of the six million Americans with Alzheimer's show evidence of the plaques the drug attacks. The drug doesn't come as a pill; it must be administered intravenously every four weeks. And of course, there are side effects, which can include temporary swelling in the brain. However, it's a beginning, successful treatment has to start somewhere. This is a topic that's going to be watched closely by the entire world. (Adapted from AARP Bulletin.)

SCAM ALERT – A new message on social media concerns a government grant opportunity, and you're asked to send a copy of your driver's license. Don't do it! There's a lot of information on it, such as your date of birth, address, and signature. This is a popular request from scammers, providing them easier access to commit identity theft.

ELDER WISDOM – It turns out that being an adult now is mostly just Googling about how to do stuff.



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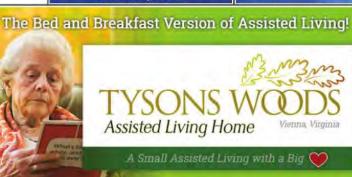
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