



OUR LADY of GOOD COUNSEL

CATHOLIC CHURCH

Fr. Matt's Musings August 10, 2021

The importance of adjectives and adverbs

With the rise in popularity of cooking shows, there has been a renewed sense of the importance of seasoning, spices, and herbs in food preparation. The absence of salt and pepper is a serious enough crime for a contestant to be “chopped” on one of the popular cooking competition shows. The addition of herbs and spices adds to the flavor of each and every dish.

The same can be said of the spiritual life. The addition of adjectives or adverbs gives spice and flavor to our living. Saint Paul tells us that God loves a “joyful” giver. St. Francis DeSales reminds us that there is nothing worse than a “sad,” “sorry” saint. Adjectives give spice to our living: joy, happy, compassionate, merciful, generous, etc., all are tremendous descriptors of our calling to be faithful disciples.

In his description of devotion, de Sales says we are called to love in imitation of Christ and that our love is to be lived “joyfully,” “readily,” and “willingly.” Adverbs add flavor to life.

Food without seasoning can be dull and drab. Living without adjectives and adverbs can be the same. Let’s add spice to our food and flavor to our living.

Live Jesus!

Fr. Matt

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In Christ - Stronger Together

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