

## Fr. Matt's Musings May 20, 2020

One of my favorite shows is called "The Masked Singer." Tonight is this season's finale, and either Night Angel or Turtle or Frog will be voted this year's winner. The premise is very similar to the childhood game of hide and seek. Famous people from sports, movies, television, and music dress up in costumes even with their heads covered and sing popular songs. The crowd and the judges receive clues to try to guess who the masked singer is. It is the only variety show that I know where the judge, the crowd, and those who are watching are looking forward to the moment when someone loses. Once the loser is announced, the crowd starts to chant: "Take it off, Take it off," and the host, Nick Cannon, helps the singer to take off the mask, and that person's identity is revealed.

In the spiritual life, unmasking, taking it off, being revealed is part of our spiritual journey. Very simply, one of the tasks in life is not to remain hidden but to be found, discovered, accepted. I believe that part of the show's appeal is that many singers say that because of the mask that they wear, they are able to set aside some of the fears, feelings of inadequacy, or insecurities that they have experienced in the past.

In these days of staying at home, I hope we have the opportunity to look into our own hearts and lives and see those areas where we also want and need to let go and accept. So often in life, we fear that those areas that are hidden are unique and so personal that they cannot be revealed because others would not understand. But what is most personal is also most universal. If you have time this evening, tune in at 8 pm to watch the season finale. It can serve as an example of our own need to be more accepting, more courageous, and more creative in our own spiritual journeys to be the best of "who we are and to be that thoroughly well." (de Sales)

## Live Jesus!

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All through love, nothing through force or fear.

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