



Fr. Matt's Musings

August 5, 2018

The what and how of faith

Faith is an intellectual assent to divine truths. I do not remember when I first heard this explanation of faith, but I think it explains how many of us of a certain age (In French, that means middle age and above) were taught about faith. It is the what of faith, what we believe and what we hold true. Each Sunday, we profess the Creed as part of the content of our faith. Many of us feel comfortable with this aspect of our faith life.

What? So what? Now what? These three questions were posed by a professor about our homilies, and I like to apply it to our life of faith. The what is content, just like the content of our faith. But faith must go beyond the content. So what? What difference has this made in my life? How has Jesus moved and changed me? How does being forgiven give me confidence to forgive? How has being loved by the author of all life given life to the way I love? Now what? What is my faith mission for this day and week? Knowing the what and the so what, how does it transform the way I am at home and work? How does the what and the so what of my faith make me a better person?

Live faithfully but also hopefully and lovingly the what, so what and now what of our daily lives. It is the call of all disciples! It has the power to change us and those whom we love and encounter each day.

Live Jesus!

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