



Fr. Matt's Musings

January 6, 2018

New and Old

Happy New Year! I wish you all many blessings in 2018! The new year is not yet a week old, and I am already experiencing some old behaviors. I did not pray as well as I should have this past week, and this morning I woke up somewhat anxious that I did not complete this musing on Friday as I try to do each week. In fact, I still did not have a theme when I greeted this Saturday. Each new year arrives with promise, hope and possibility.

I have heard many people say that they are not making resolutions for this new year. The reason most give is the difficulty keeping the resolution. Replacing the old with something new is not always as easy as it sounds. St. Francis de Sales asks us to look at each day as a new start, a fresh beginning and full of possibility:

Do not despair over your shortcomings. Start over each day.
We make spiritual progress by beginning again and again.

Saturday, January 6, 2018 has been a pretty good day. I have prayed better, completed my musing and feel less anxious. I offer a resolution for this 2018. Instead of resolving for the whole year, let's make the promise to live January 6th well and then wake tomorrow to do the same on January 7th. Happy New Year and Happy January 6th.

Live Jesus!
Fr. Matt

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