



Fr. Matt's Musings

February 24, 2017

Spiritual Dryness

St. Francis de Sales writes that we should seek the God of all consolation and not the consolations of God. Both St. Jane de Chantal and St. Teresa of Calcutta experienced decades of spiritual dryness in their prayer, in other words, an absence of feeling God's presence or consolations. The spiritual life is never a direct route in our journey to friendship and union with God. It is always filled with layovers, detours and delays. Spiritual dryness is just one of these apparent detours. Yet, far from being a roadblock or obstacle, these moments are always a renewed call to perseverance, trust and fidelity. Just like doubts and confusion, spiritual dryness is an invitation into a deeper friendship and awareness of our dependence on God and God's great love for us. One of my spiritual challenges is to live a simple truth. We live our lives in God's presence; God is always present to us. We cannot change that truth. Jesus tells his disciples, I am with you always, until the end of the world. My task is to allow that truth to make me more present always to God and to ensure that my words, deeds, prayer and confidence are a grateful response to God's great love for me and saving presence in my life.

Live Jesus!

Fr. Matt

frhillyard@olgcv.org
www.olgcv.org

Our Lady of Good Counsel
8601 Wolfrap Road
Vienna, VA 22182

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