# Fr. Matt's Musings
## March 10, 2017

*"Some of our important choices have a time line. If we delay a decision, the opportunity is gone forever. Sometimes our doubts keep us from making a choice that involves change. Thus an opportunity may be missed."* ~ James E. Faust

I saw blooming daffodils this morning (Wednesday) during my run through Wildwood Park. This afternoon, I saw flowering trees on Wolftrap Road, and it is only early March. Nature prepares for change, expects and awaits it, and then celebrates it. Change is an inevitable part of life, yet our reaction to change can take many forms. There are times when we embrace change, times when we dread it, moments of resolutely accepting a change, and still other moments when we try to delay its arrival.

Even as spring bursts forth colorfully, there will be March days when winter reminds us of its presence and its power. It is a reminder that change is often unexpected and sometimes even unwelcome.

In this time of nature's transition, let us remember the emphasis that all of the great spiritual writers place on the present moment (including St. Francis de Sales, "Think only of living well today"). Today is filled with options, possibilities, opportunities and changes which may not be here tomorrow. The Spirit may inspire us to reach out to an old friend, to volunteer at a parish event, or, to be the first to seek reconciliation in a relationship. These are holy and tender, even vulnerable moments. Like nature, to accept and celebrate these moments is how we live today well because we know tomorrow will bring its own possibilities, opportunities and changes. As we celebrate spring's early colors and smells, let us ask God to help us embrace and celebrate the changes and opportunities which come our way.

Live Jesus!

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