



Fr. Matt's Musings

Salesian Reflection

In *The Introduction to the Devout Life*, St. Francis de Sales has a series of meditations. In one of the meditations, he asks us to reflect on the uniqueness of each individual. Each of us has a personality, gifts and talents and just ourselves, that is unable to be repeated. If we were not here, there would be a void that no one else can fill. I am not sure that we always consider how special and irreplaceable we are. That is why Francis places such an emphasis on being the person we are called to be. "Simply be yourself, but be that perfectly well." Let's try to avoid comparing ourselves to others, moaning about what we do not have or wishing to be someone else. As a student of one of our schools wrote, "I might as well be myself; everyone else is already taken." Make God proud by simply embracing your self and treating the world to the best of you.

Live Jesus!

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